

OTTAWA



Tuesday, February 14, 2012

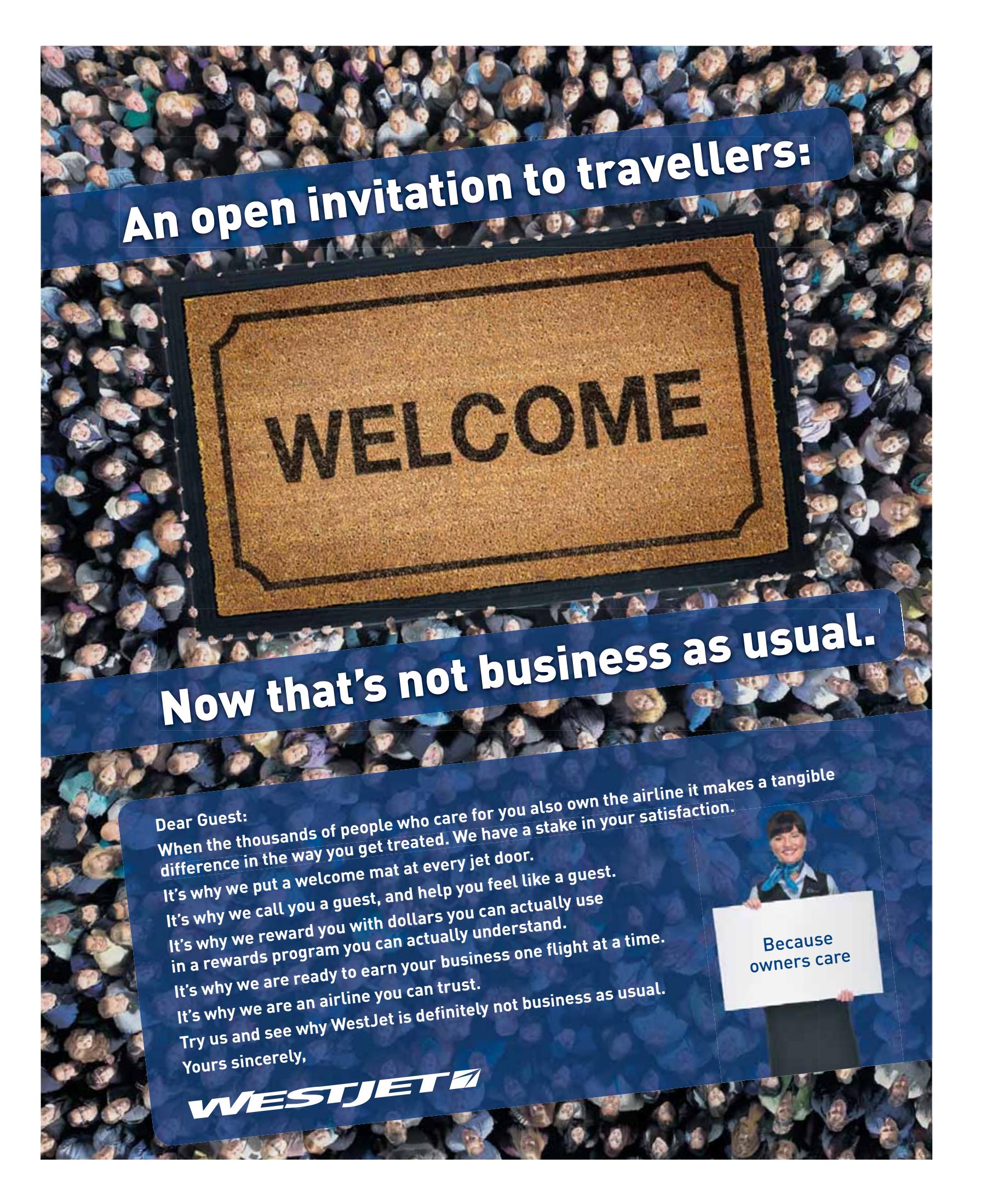
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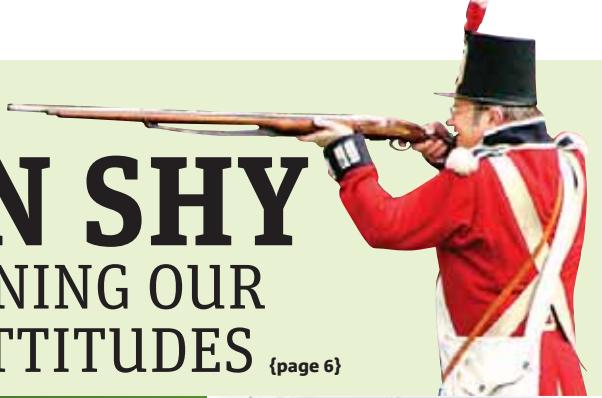
FEELING JEALOUS?  
LEARN THE SCIENCE  
BEHIND WHY YOU  
FEEL THAT WAY {page 18}



# GUN SHY

## EXAMINING OUR 1812 ATTITUDES

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OTTAWA

# metro



Tuesday,  
February 14, 2012  
[www.metronews.ca](http://www.metronews.ca)



News worth  
sharing.



Veggie. Tale



► Daniela Fuenmayor, 15, shows off the special Valentine's Day potato she found while helping to get dinner ready Monday night.

RICARDO FUENMAYOR/FOR METRO

You say potato, we say amazing

Finding a heart-shaped potato would be neat any day of the year, but the night before Valentine's? "We were going to do mashed potatoes for dinner and she started screaming," said Ricardo Fuenmayor, speaking of his daughter, Daniela. "This is a special potato. All the other potatoes are jealous."

# Oops! It's payback time, university tells assistants

► Carleton to claw back two years' worth of overpayment from paycheques of teaching assistants ► School won't say how much

 JOE LOFARO  
@METRONEWS.CA

Teaching assistants (TAs) at Carleton University are upset money will be clawed back from their paycheques after the school discovered its payroll department has mistakenly overpaid them for the last two years.

Lise Labine, Carleton's assistant vice-president of human resources, said the university mistakenly gave TAs who started working on or after Sept. 1, 2010, a tuition rebate due to a human programming error.

The assistants shouldn't have got the rebate because there was no increase in tuition from 2009 to 2010, she said. More than 1,800 TAs are affected.

"The university doesn't want

errors to happen, but when errors occur in pay, under due diligence and under sound governance, we need to go back and recover," said Labine.

The university will claw back money from TA paycheques over the next five pay periods. Labine said the amounts are not very large and vary by course and faculty.

"There are some that are higher, and for those we will be considering special arrangements," she said.

Kirsten Francescone, a Carleton TA, said what the university is doing is unfair.

"We are already underpaid as it is, and so, if money starts coming off my paycheque, then there's things like rent that I have to pay for," said Francescone.



**"Everyone is extremely angry."**

KIRSTEN FRANCESCON  
CARLETON TEACHING ASSISTANT

The union representing Carleton TAs, CUPE 4600, will meet with the university to discuss the specifics of the error on Wednesday.

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Happy Valentine's Day

# Carleton prof gets share of grant money

 JOE LOFARO  
@METRONEWS.CA

A Carleton University professor is one of 70 recipients of strategic partnership grants administered by the Natural Sciences and Engineering Research Council of Canada (NSERC).

Prof. Jacques Albert re-

ceived \$599,000 of the \$32 million that will be distributed to scientific teams at universities across the country.

Gary Goodyear, minister of state for science and technology, made the announcement at Carleton Monday alongside Albert and NSERC president

Suzanne Fortier.

Albert said most of the money will go to his students' salaries. Without it, he said he wouldn't be able to advance his fibre-optic sensing project known as Multimodal Optical Sensor Applications, Interfaces, and Controls (MOSAIC).

► Prof. Jacques Albert, left, demonstrates fibre-optic technology to Gary Goodyear, minister of state for science and technology on Monday.



JOE LOFARO/METRO

# Ballot system a boon to Dewar: Poll

► Survey by Dewar campaign forecasts multiple ballots ► Numbers put Mulcair first, Nash second, Dewar third on first vote for NDP leader

 JESSICA SMITH  
@METRONEWS.CA

Being a popular second choice could pay off for NDP leadership hopeful Paul Dewar, a member of his campaign staff says.

The Ottawa Centre MP released internal polling numbers Monday showing he ranked first when NDP members were asked who their "second choice" for leader is.

Dewar placed third, after rivals Thomas Mulcair and Peggy Nash, as the first choice of decided NDP voters, according to the poll.

The numbers mean he is "well positioned to win" not on the first ballot but on successive ones, said campaign spokesman Joe Cressy.

A tight race and the NDP's preferential balloting system mean the win-

ner will have to have "growth potential" to win over voters on successive ballots, said Cressy.

One surprise was the poll's sixth-place showing for Brian Topp.

Topp spokesman Jim Rutkowski dismissed the poll as "not credible."

"You have to treat any poll that comes out the day after a debate, particularly any internal poll like that, with a grain of salt," he said. "It's clearly more of a campaign tactic than it is a reflection of reality."

On Feb. 8 and 9, Dewar's campaign used robocalls to randomly poll people on the NDP's current national member list. Some 6,373 of the 56,522 members called answered.

Responses were weighted by province, and the poll has an error margin of 1.19 per cent, 19 times out of 20, according to Dewar's campaign.



► NDP leadership candidates, from left, Paul Dewar, Brian Topp and Thomas Mulcair are seen at the first round of NDP leaders debates in Ottawa in December. A new poll released by Dewar's campaign positions him as a strong second-ballot contender and Mulcair in first for the first ballot. Topp's team dismissed the poll — which put him in sixth place — as not credible.

1  
news



A study has revealed that the supply of donated organs has remained relatively flat since 2006. Scan code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at [2dscan.com](http://2dscan.com).

On the web at [metronews.ca](http://metronews.ca)

The U.S. markets have been sizzling in the early days of 2012, so why are retail investors still gloomy? Allan Small explains at [metronews.ca/investing](http://metronews.ca/investing)

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# Fashion week wins over a skeptic

► Frank Sukhoo says he hesitated to do OFW before because it wasn't 'high-end' enough ► Will show his collection on Sunday night at Westin Hotel



Frank Sukhoo is no stranger to the local fashion scene, but on Sunday the Richard Robinson graduate will make his Ottawa Fashion Week debut to show his latest collection of daytime and evening wear to a familiar audience.

Models gave guests at The Loft Academy a sneak peek of Sukhoo's latest custom-made evening garments and other designers' collections at the OFW 2012 launch party Monday night.

Sukhoo hesitated to do OFW before because he said the show lacked many

## Schedule

### The Ottawa Fashion Week lineup:

- Friday: Elena Hinke and Elena's Creations, Amanda Emmanuel, Frash, !NU.I, Illyria Design, Y!D.N.A Collection
- Saturday: Tribal Sportswear, Demoyo, Jana Hanzel & Emilia Torabi, Elizbourk, Rachel Sin, Turbine
- Sunday: Serendipity by Kelsey McIntyre, Loft 604, Ella Peru, Helmer, Symbiose by Hinda A., Sukhoo Sukhoo
- For more info visit: ottawafashionweek.ca

high-end designers in the early years and he didn't like the venue.

"They were starting, so I have to give them that much," said Sukhoo. "The designers weren't as high-end, but I find now they're building their reputation, so I decided to join them this year."

He's done shows for the British high commissioner and several charity galas, so he said he's not nervous about Sunday.

"Whatever happens, happens," he said. "I'm never nervous about things like that."

OFW runs from Friday through Sunday at the Westin Hotel on Colonel By Drive.



► Couturier Frank Sukhoo poses with models showing off his latest high-end collection of evening wear during the Ottawa Fashion Week launch party at The Loft Academy Monday night.

# Developers and residents to clash over rezoning benefits

Developers and citizen groups are expected to clash over a controversial change to city planning at city hall today.

The planning committee will mull a proposal to extract community benefits from developers who are granted zoning exemptions that increase the value of a development project.

The Federation of Citi-

zens Associations says developers pressured council into adding loopholes to the policy, said chairperson Jay Baltz.

Committee chair Peter Hume disagrees, saying the city struck a balance between the interests of the community and developers.

"It's really interesting. The development industry doesn't necessarily sup-

port this either. The people we met with would like more concessions," said Hume.

The process is based on a section of the Ontario Planning Act that lets municipalities receive a benefit — either money or something valuable to the community such as a day-care centre — from developers who want land rezoned for a proposed

development.

It is up to each municipality to design a fair process, but the City of Ottawa has not yet done so, even though other cities have been reaping such benefits for years.

● JESSICA SMITH



For more local news, visit metronews.ca

## Healthy Choices



► Grade 5 student Robyn Colbran and Mayor Jim Watson set out for a walk from Viscount Alexander Public School for Winter Walk to School Day on Monday.

JESSICA SMITH/METRO

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# »»» BREAKING NEWS «««

## U.S. REAL ESTATE HAS BOTTOMED OUT!

### 7 Deadliest Mistakes All Canadians Make When Buying U.S. Real Estate

Fellow Canadians - a new video series has just recently been released which reveals the 7 costly mistakes that ALL Canadians make when buying U.S. real estate, and a 23 step system that can help you prevent these common mistakes in order to protect your investment.

This video series clearly shows how a typical Canadian loses an average of \$30,000 when buying U.S. real estate. The fact of the matter is that the U.S. is a foreign country with an entirely different tax system that the CRA frowns upon - worse yet - with regulations written against foreigners, such as the famous "world estate tax".

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# U.S. and Canada at odds over War of 1812

- War less crucial to Americans than to Canadians: Poll
- Canada to spend \$28M on bicentennial this year

The War of 1812 may be one of the world's oddest conflicts, if only because both sides are confident they won.

A new survey suggests Canadians and Americans have vastly divergent attitudes toward the border war that broke out in 1812 and bumbled along for three years.

Americans see it as a war that produced their national anthem. Canadians see it as a war that saved them from assimilation.

During the war, the Americans repeatedly tried to invade and were repeatedly repulsed by often-outnumbered mixes of British redcoats, Canadian militia and aboriginal allies.

The Ipsos Reid poll conducted for the Historica Dominion Institute for the bicentennial of the war

found that 54 per cent of Canadians felt the most significant outcome was that the invaders were turned back.

Americans had a dramatically different take. For a third of them, the outcome was the Star Spangled Banner. Its words were written by Francis Scott Key after watching a British naval bombardment of Baltimore's Fort McHenry in September 1814. A plurality of 36 per cent saw no significant outcome at all.

John Wright of Ipsos Reid said the war doesn't stand out for Americans because they see other, much bigger watersheds. "The War of Independence is their touchstone for their nationhood," he said. "This is a touchstone towards Confederation, it's an important part of the story of

## What we think

- When defining the Canadian identity, 53 per cent of poll respondents picked universal health care, while 25 per cent picked winning the War of 1812.
- If Canada had not won the war, 60 per cent of said they wouldn't want to share the American political system, 18 per cent said they didn't want American gun laws and six per cent said they didn't want to share citizenship with Snooki from Jersey Shore.
- More than 80 per cent on both sides of the border agreed that the war was a significant part of the history and about the same agreed it should be commemorated.

Canada." THE CANADIAN PRESS



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## Crimes against humanity on rise in Syria: UN chief

The UN human rights chief says the scale of abuses by the Syrian government indicates that crimes against humanity have taken place since last March and are continuing.

Navi Pillay told the General Assembly on Monday that credible reports indicate that more than 5,400 people were killed last year, and that the number of dead and injured continues to rise every day.

She expressed serious

concern that the deliberate stirring of sectarian tensions may plunge Syria into civil war.

Pillay accused the Syrian government of using the Security Council's recent failure to condemn its crackdown on protesters "to crush dissent with overwhelming force."

She echoed Secretary-General Ban Ki-moon's warning that council inaction must not be used as a licence to kill.

THE ASSOCIATED PRESS

# Rebels hold strong in Syria

- Arab League urges severing of all diplomatic contact
- Syria isolated globally but for one key ally — Russia

Syrian rebels repelled a push Monday by government tanks into a central town held by forces fighting President Bashar Assad's regime in an 11-month conflict that looks increasingly like a civil war.

The military pressed its offensive on Rastan a day after the regime rejected Arab League calls for the UN to create a peacekeeping force in Syria and for an end to the violent crackdown on dissent. Damascus called the League initiative "a flagrant interference in (Syria's) internal affairs and an infringement upon national sovereignty."

With diplomatic efforts bogged down, the conflict is resembling a civil war, with army defectors clashing almost daily with soldiers. The rebels have taken



control of small swathes of territory in central Homs province, where Rastan is located, and the northwestern province of Idlib, which borders Turkey.

The Britain-based activist group Syrian Observatory for Human Rights said at

least three government soldiers were killed in the attempt to storm Rastan, which has been held by the rebels since late January.

Rastan, home to some 50,000 people, was one of the first areas in Syria where people took up arms

### The UN says ...

- More than 5,400 people were killed last year alone.
- Tens of thousands, including children, have been arrested, more than 18,000 are arbitrarily detained and thousands are missing.
- 25,000 people are estimated to have sought refuge in neighbouring countries, and more than 70,000 are internally displaced.
- Widespread destruction of homes, hospitals and schools indicates approval of, or complicity with, the highest authorities.

to fight the regime.

The uprising began last March as mostly peaceful protests against Assad's authoritarian rule, but has become more militarized in the face of the brutal military crackdown.

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# Hundreds Expected to Cash In Today by Selling Silver & Gold Coins During Record High Market!

By DAVID MORGAN  
STAFF WRITER

ICC will be placing ads in newspapers, radio and running television spots this week asking people to bring in any old silver and gold coins made before 1968 and U.S. coins made before 1970. Those that bring in their coins will be able to speak with collectors one on one and have their coins looked at by a specialist. With the help of these ICC members, offers will be made to those that have coins made before 1968. Offers will be made based on silver or gold content and the rarity of the coins. All coins made before 1968 will be examined and purchased including gold coins, silver coins, silver dollars, all types of nickels and pennies. Those that decide to sell their coins will be paid on the spot.

If you are like a lot of people you might have a few old coins or even a coffee can full lying around. If you have ever wondered what they are worth now might be your chance to find out and even sell them if you choose. They could be worth a lot according to the International Coin Collectors also known as ICC. Collectors will pay a fortune for some coins and currency for their collections. If it is rare enough, one coin could be worth over \$100,000 according to Eric Helms, coin collector and ICC member. One ultra rare dime, an 1894S Barber, sold for a record \$1.9 million to a collector in July of 2007. While that is an extreme example, many rare and valuable coins are stashed away in dresser drawers or lock boxes around the country. The ICC and its collector members have organized a traveling event in search of all types of coins and currency. Even common coins can be worth a significant amount due to the high price of silver and gold, says Helms. Washington quarters and Roosevelt dimes can be worth many times their face value. Recent silver markets have driven the price up on common coins made of silver. Helms explains that all U.S. half dollars, quarters and dimes made before 1970 contain 90% silver and are sought after any time silver prices rise. Right now it's a sellers market he said.

The rarest coins these collectors are looking for include \$20, \$10, \$5 and \$2 1/2 gold coins and any coin made before 1850. These coins always bring big premiums according to the ICC. Silver dollars are also very sought after nowadays.

Other types of items the ICC will be purchasing during this event include U.S. currency, gold bullion, investment gold, silver bars, silver rounds, proof sets, etc. Even foreign coins are sought after and will be purchased.

Also at this event anyone can sell their gold jewellery, dental gold or anything made of gold on the spot. Gold is currently trading at record high prices. Bring anything you think might be gold and the collectors will examine, test and price it for free. If you decide to sell, you will be paid on the spot – it has been an unknown fact that coin dealers have always paid more for jewellery and scrap gold than

other jewelers and pawn brokers.

So whether you have one coin you think might be valuable or a large collection you recently inherited, you can talk to these collectors for free. If you're lucky you may have a rarity worth thousands. Either way there is nothing to lose and it sounds like fun!

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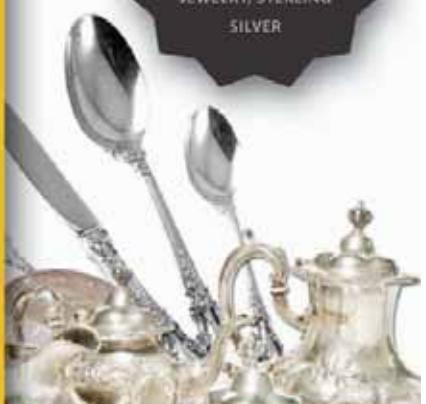
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# Israel blames Iran for 2 bomb attacks

► Israeli diplomats targeted in India, Georgia as nuclear tensions rise ► 4 people wounded in New Delhi blast

Israel blamed Iran on Monday for bomb attacks on its diplomats' cars in India and Georgia, heightening concerns that the Jewish state was moving closer to striking its archenemy.

Iran denied responsibility for the attacks that appeared to mirror the recent killings of Iranian nuclear scientists that Tehran blamed on Israel.

The blast in New Delhi set a car ablaze and injured

four people, including an Israeli Embassy driver and a diplomat's wife; the device in Georgia was discovered and safely defused.

"Iran is behind these attacks and it is the largest terror exporter in the world," Israeli Prime Minister Benjamin Netanyahu told lawmakers from his Likud Party.

The violence added further tension to one of the globe's most contentious



standoffs. Iran has been accused of developing a nuclear-weapons program that Israel says threatens the existence of the Jewish state. Tehran says its nuclear program is for peaceful purposes only.

Comments by Israeli officials in recent weeks have raised fears Israel might be preparing to strike Iranian nuclear facilities. While Israel says it hopes that international sanctions can curb

Iran's nuclear program, leaders pointedly note that "all options are on the table," and have warned that as Iran moves closer to weapons capability, time is running out for action.

Fearing an Israeli attack could set off a conflict across the region and send oil prices skyrocketing, U.S. and other Western countries have been pressing Israel to give sanctions more time. THE ASSOCIATED PRESS

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## Pair sentenced to 16 years in asbestos-related deaths

An Italian court on Monday convicted two men of negligence in some 2,000 asbestos-related deaths blamed on contamination from a construction company, sentencing each of them to 16 years in prison and ordering them to pay millions in what officials called a historic case.

Italian Health Minister Renato Balduzzi hailed the verdict by the three-judge Turin court as "without exaggeration, truly historic," noting that it came after a long battle for justice.

"It's a great day, but that doesn't mean the battle against asbestos is over," he told Sky TG24 TV, stressing that it is a worldwide problem.

Prosecutors said Jean-Louise de Cartier of Belgium and Stephan



Schmidheiny of Switzerland, both key shareholders in the Swiss construction firm Eternit, failed to stop asbestos fibres left over from production of roof coverings and pipes at its northern Italian factories from spreading across the region.

During the trial, which has stretched on since De-

cember 2009, some 2,100 deaths or illnesses were blamed on the asbestos fibres, which can cause grave lung problems, including cancer. Prosecutors said the contamination stretched over decades.

The defendants had denied wrongdoing.

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# Bailout still faces obstacles

► Any hitch in getting Greek proposal through parliaments in eurozone could push Greece perilously close to missing major bond redemption on March 20

Greece faces further hurdles and delays before it can receive a second, \$171-billion US bailout in spite of its lawmakers voting through more austerity measures in the face of violent protests.

The European Union's Economic Affairs Commissioner Olli Rehn on Monday called the Greek parlia-

ment's approval of a further round of budget cuts a "crucial step forward," but Germany insisted it would still take some time before the second bailout is delivered.

Germany, which as Europe's biggest economy pays the largest part in bailout deals, said it wouldn't give

its final approval for the new aid payments until early March — after it becomes clear how many banks and investment funds are willing to take losses on their Greek bonds and the parliament in Berlin votes on the new measures.

Pushing the new bailout back for several weeks underlines the amount of distrust that has built up against Greece over the past two years, when many promised cuts and reforms were passed in its Parliament but never actually implemented.

"Germany is trying to get

the best deal it can by putting pressure on Greece now," said Ben May, European economist at Capital Economics in London. The idea is to "give Greece a bit more of an incentive over the next few weeks to speed things up and get things moving."

Delaying the final approval of the bailout is not without risk. Uncertainty over the new rescue money could dissuade some of Greece's private investors from participating in a separate bond-swap deal, May warned.

THE ASSOCIATED PRESS



THANASSIS STAVRAKIS/THE ASSOCIATED PRESS

## Ottawa decries new U.S. banking reforms

Canada has stepped up its fight against new bank restrictions proposed by the United States which Ottawa says would adversely affect saving and borrowing costs north of the border.

In separate letters to Washington policy-makers, Finance Minister Jim Flaherty and Bank of Canada governor Mark Carney complain that sweeping reforms under the so-called "Volcker rule" would reach well beyond their intended scope.

And, in some cases, because of the differences between the two countries, the impact could be greater in Canada, making savings through mutual funds and borrowing more expensive.

"The rule, as currently drafted, would have an unprecedented extraterritorial reach and significant cross-border effects ... given the close inter-linkages between the Canadian and U.S. financial systems," Flaherty wrote Monday.

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### Apple stock rises above \$500

Apple's stock broke above \$500 for the first time Monday. It was the latest step in a rally that began more

than two weeks ago, when the company reported staggering sales and profits for the holiday quarter.

On Jan. 24, Apple posted net income of \$13.06 billion, more than doubling its profits from the year before. THE ASSOCIATED PRESS



► An Athens storeowner surveys damage to her shop.

## GREECE CLEANS UP AFTER RIOTS ENGULF ATHENS

Firefighters doused smouldering buildings and cleanup crews swept rubble from the streets of central Athens on Monday following a night of rioting during which lawmakers approved harsh new austerity measures demanded by bailout creditors to save the nation from

bankruptcy.

Police said rioters destroyed or damaged more than 110 buildings, of which 50 were burned. They included nine listed as national heritage buildings, mostly in the neoclassical style. Thirty stores were also looted.

THE ASSOCIATED PRESS

## Market moment

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Gold \$1,724.90 US (-40¢ US)

## Housing market due for stability: Report

Canada's hot housing market is due for a soft landing that stabilizes prices, sales and new construction over the next two years, the Canada Mortgage and Housing Corp. said Monday.

"With the Canadian economy set to expand at a moderate pace and

mortgage rates expected to remain low, activity levels in 2012 in both new home construction and sales of existing homes will stay close to levels seen in 2011," CMHC deputy economist Mathieu Laberge said in a statement.

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# BRINGING SEXY BACK FOR VALENTINE'S DAY

**SHE SAYS ...**

JESSICA NAPIER  
METRO



Valentine's Day, in all its saccharin-sweet glory, is the perfect litmus test for determining the current status of your relationship.

Couples embarking on their first Valentine's night together will pull out all the stops. There will be candle-lit dinners, elaborate gifts and racy lingerie with more tassels and wiring than a Cirque du soleil costume.

For long-term partners, this candy-heart holiday might as well just be any other Tuesday. If things get super-romantic, you'll share an extra-large pizza and peel off your flannel PJs at the end of the night for some obligatory Valentine's Day sex.

As much as we might hate to admit it, somewhere along the way the honeymoon phase ends and the comfortable stage begins. So how does a passionate duo turn into Team Sweatpants, and what can stuck-in-a-rut couples do to put the spark back in the relationship?

**"Suddenly that sexy stranger from across the room is the guy who doesn't cut his toenails and leaves his wet towels on the floor."**

I posed the question to relationship expert and registered sex therapist Dr. Teesha Morgan because, frankly, we could all benefit from some sexpert advice at this time of year.

"In the beginning, relationships are often ignited and kept alive by lust," says Morgan.

When we start dating someone new, we have a tendency to project onto our partners all the good qualities that we want him or her to have, rather than what exists in actuality.

Once the novelty wears off, we come to realize that our perfect partner is actually human. Suddenly that sexy stranger from across the room is the guy who doesn't cut his toenails and leaves his wet towels on the floor. Attraction turns to frustration and the fire begins to burn out.

As Hallmark-y as it might be, Valentine's Day is a good opportunity to look at your own relationship and evaluate whether or not you could use a little more excitement.

If you want to reignite that initial spark, you've got to make your significant other a priority. Ensure your partner feels desired by showing an interest in trying new things together on the intimacy front. "Variety truly is the spice of life," says Morgan. "Willingness to step outside the box and become a little more adventurous is an important factor to the longevity of a satisfying sex life."

So instead of reaching for the remote tonight, try reaching for, well, something else.

There are plenty of options out there, but it's up to you to make an effort to bring sexy back this Valentine's Day, whether it's your first, fifth or 50th year together between the sheets.

Read more of Jessica Napier's columns at [metronews.ca/shesays](http://metronews.ca/shesays)

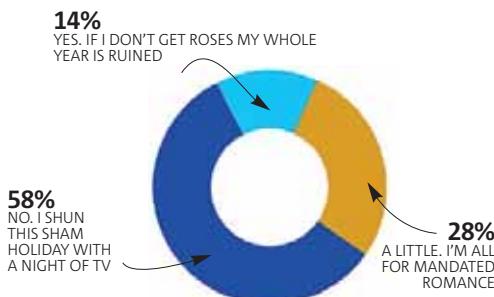


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**Do you stress over getting a Valentine's Day date?**



## Local tweets

- **@bizzle16:** @Nicholson Jenn I got sad, I loved that goat. :(
- **@whatishatwhatwas:** Alright, starting a new heavy-duty migraine med tonight. Side effects list is even scarier than normal. Here's hoping it fixes my head.
- **@habster:** @ziza\_edm Yip! I am always emotional when the Habs play in a close game. :)
- **@OliviaKors:** attention all SIDEchicks,SIDEpieces&BOO TYCALLS your day is Feb15 so dont call, text or bbm him on Valentines day! your

- day is VALENSIDES DAY
- **@roado170:** @tweetApril Rose looking like you have some sinister thoughts in mind. @>->
- **@samanthashouts:** I am watching the Bachelor and I'm not sure why people watch this show but I'll watch it anyway.
- **@OttawaPete:** Noone ever sees the bocaresqueness for the trees @MyVogonPoetry @flynnrita149 #artwiculate
- **@FionaRebekah:** FEMINISTS. #EyeRoll
- **@LivingInD:** Lets have some fun, this beat is sick, I wanna take a ride on your Quidditch stick :)

## Daily Zoom



## Artist covers her room with yarn

LONDON. This woolly room will have you bouncing off the walls! At Tony's Gallery off Brick Lane, London, an artist has crocheted a life-sized replica of her bedroom, complete with explicit messages from her personal life. Polish-born artist Agata Oleksiak, a.k.a. Olek, found fame after veiling New York monuments in yarn. ■ MWN



**60 seconds**

**KNITTING & VODKA**

## How long did this take you?

Seven months in total. I don't know the amount of wool I used. The floor cover and walls were reused from past exhibits.

## Why do you crochet?

It's not some ol' granny pastime but a method to show the connections between art and my life. You must have a lot of patience to knit all that.

I spent two months living in this room knitting. I watched Jim Jarmusch and Wim Wenders movies and drank nut-flavoured vodka to pass the time!

## And your dream artwork?

To crochet the entire White House. That would be amazing. Obviously I would need the entire nation to help me crochet.

■ ANTHONY JOHNSTON

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# Interview with the writer

► Anne Rice built a career writing about vampires way before Edward and Bella ever set eyes on each other ► In her latest work, she moves into werewolf territory

 MEREDITH ENGEL  
SCENE@METRONEWS.CA  
METRO WORLD NEWS IN NEW YORK

The Wolf Gift, the newest novel from Anne Rice, the queen of supernatural stories (remember Interview with a Vampire?), hits shelves today. We spoke with the author about her influences, characters and her thoughts on the future of book publishing.

**You were raised in a very strict Catholic upbringing. What influence did that have on you and your writing?**

I think it influenced everything. I grew up in the '40s and '50s in New Orleans, which is a Catholic city. I was in a Catholic parish, going to a Catholic school, in a world where everybody went to a Catholic school, and we had beautiful churches all over New Orleans, and all of that ended up influencing my work tremendously. I had lots of church, of course, before I wrote Interview with the Vampire, but Interview with the Vampire was a lot of that, grieving for that, grieving for that lost sense of being involved in a meaningful community. It's

kind of natural, I think, for someone who grew up like that to write about European-American characters, like Louis was a French plantation owner living in Louisiana.

**Did your background influence The Wolf Gift?**

I think it's a synthesis of where I've just been and what I've gone back to. For 12 years, I attempted to be a Christian again — I went back to the church and for 12 years I really lived it, breathed it, wrote two books about Jesus that provided me with one of the greatest experiences in my career. And I've left that, I've publicly left religion, and I'm back again with the classic monsters of horror, but I think the work is really synthesizing. It's really pulling

together a lot of what I've learned during those Christian years and it feels to me different from the older vampire novels. First of all, it's very contemporary: Reuben is young and living in San Francisco right now and I had confidence to present him in this contemporary world that I kind of lacked years ago.



► Anne Rice

**I heard you got the idea for this book from the producer of the TV show White Collar.**

That is true. I emailed Jeff Eastin because I'm a big fan of the show. I just think it's one of the most fresh and clever shows on TV. We have an email friendship going and he said something about it in an email. He said that he'd watched a documentary on werewolves and something about if I ever wanted to do a werewolf novel, he would buy buckets of it, and it was just a casual thing and I got

to thinking, Wow. Most of the time when people mention werewolves, I would always say: "No, I'm not going to do that. My sister's done that and I don't want to crowd her." Then I got to thinking, "Well, Alice has been gone since 2007, I miss her terribly, but maybe it's OK now, five years later, to write about werewolves. Maybe it's alright; I wouldn't encroach on anything she's done."

**And I read that you based the main character of this book**

**on the star of White Collar, Matt Bomer. Have you ever met him?**

Nope.

**Does he know he's inspired a character in your book?**

I don't know. I should send him a copy! Jeff knows; he's read The Wolf Gift. I just acknowledge Matt as the physical model. You know, Matt's voice, Matt's eyes.

**He is a beautiful man.**

Well, yeah, he is. You know, I didn't even plan it. I just kept seeing and hearing Reuben as Matt Bomer. If they were to make a movie and Matt Bomer were to step into that role, I would be absolutely thrilled.

► Matt Bomer



# 2

scene

**Scene in brief**



Adele's songs about breakups and heartache have made her a multi-Grammy award winner, but she insists she's done with all that. In an interview featured in the March issue of Vogue magazine, the 23-year-old says people think she's "miserable" because of her songs. In fact, the singer vows to "never" write a breakup record again and adds she's "done being a bitter witch."

THE ASSOCIATED PRESS



Angelina Jolie says she hopes directorial debut on Bosnian war will provoke discussion on rape

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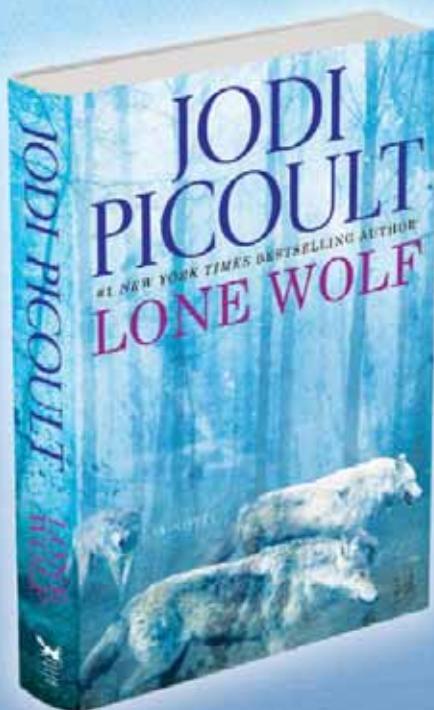
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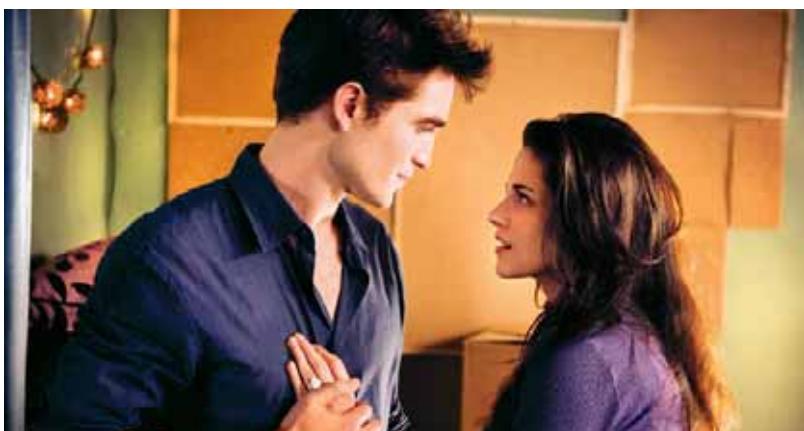
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## DVD reviews



### The Twilight Saga: Breaking Dawn — Part 1

**Genre:** Drama

**Director:** Bill Condon

**Stars:** Kristen Stewart,  
Robert Pattinson,  
Taylor Lautner

★★

There are more bubbles than blood as Bella Swan finally gets her (dead) man in part one of *Breaking Dawn*, the conclusion of the *Twilight* teen vampire franchise.

Melodrama reigns in this supernatural soap opera, even though Stephanie Meyer's tale takes a sharp turn toward the violently weird.

After three films in which Bella Swan (Kristen Stewart) and her vampire beau Edward Cullen (Robert Pattinson) exchanged smouldering looks, they finally get on the good foot to do the bad thing, which not only literally wrecks the marital bed, but results in a monstrous pregnancy that could kill the human (for now) Bella.

Director Bill Condon (a *Twilight* newbie) and returning screenwriter Melissa Rosenberg don't stray much from Meyer's source text or tamper with a profitable romance that is now more cash cow than Cupid. There's not much they can do about a story that has grown steadily more risible.

With talk of unplanned pregnancy, abortion and marital discord entering the picture, *Twilight* is now really an "R" picture under a "PG" label, and it's an uncomfortable fit.

I have just one question for Twihards before next year's Part 2: Does Dracula offer daycare services?

Extras include a director's commentary and



with a warning to lay off the booze and avoid antagonizing advertisers. The rookie reporter, not yet the jaded journalist, soon finds himself embroiled in controversy.

There's not much plot in this patchy script. Depp does very well, but as talented and watchable as he is, even he can't completely save the swizzling stickiness of *The Rum Diary*.

Extras include making-of featurettes.  
● PETER HOWELL

### Take Shelter

**Genre:** Drama

**Director:** Jeff Nichols

**Stars:** Michael Shannon,  
Jessica Chastain, Shea Whigham

Something very bad is coming ... or is it? Michael Shannon expertly tight-ropes prophet and madman in this *Twilight Zone*-ish chiller, the impressive sophomore feature by *Shotgun Stories*' Jeff Nichols.

The equally talented Jessica Chastain co-stars as the wife torn by thoughts that her husband is either completely insane or horrifically pre-scient.

Extras include a commentary by Shannon and Nichols plus a making-of featurette.  
● PETER HOWELL

# Katy's new song is full of rage

Katy Perry debuted a new, venom-filled breakup song, Part of Me, at the Grammys this weekend, and viewers couldn't help assuming the song's biting lyrics were directed at soon-to-be ex-husband Russell Brand.

"You chewed me up and spit me out, like I was poison in your mouth. You took my light, you drained me down, you ripped me off, your love was cheap," Perry sang.

Perry even altered some of the songs original lyrics to fit her current situation, changing, "You can keep the dog from me, I never

liked him anyway" to, "Keep your diamond ring. In fact, you can keep everything except for me."

• METRO



► Katy Perry

**You chewed me up and spit me out, like I was poison in your mouth.**

LYRICS FROM KATY PERRY'S

PART OF ME

## Celebrity tweets



Pardon me... do you have any crepe chiffon?



@kanyewest  
Before I forget, Happy Valentine's Day. I'll be half a world away but thinking about you. Support the freedom to love and live peacefully.

@rustyrockets

The intuitive mind is a gift and the rational mind a servant. We have created a society that honors the servant and has forgotten the gift.

@MarleeMatlin

Before I forget, Happy Valentine's Day. I'll be half a world away but thinking about you. Support the freedom to love and live peacefully.

@sarahksilverman

I just read John: 3:16. It's dumb!

## Jackson takes it to Obama

Samuel L. Jackson's decision to support Barack Obama in 2008 was due to the president's race, the actor tells Ebony magazine.

"I voted for Barack because he was black. Because that's why other folks vote for other people — because they look like them," Jackson says. "That's American politics, pure and simple. [Obama's] message didn't mean s— to me. In the end, he's a politician. I just hoped he would do some of what he said he was gonna do." • METRO



► Samuel L. Jackson

## Adele has a new man

Not only were the Grammy Awards a big night trophy-wise for Adele, but it was also a chance for the British singer to make her first official appearance with boyfriend Simon Konecki, according to Us Weekly.

Konecki was by Adele's side in the front row of the Staples Center as she won in all six categories in which she was nominated. The pair had previously been spotted last month on a romantic trip to the Florida Everglades. • METRO

# More on Whitney Houston's death

► New info continues to be revealed about what caused the singer's untimely death at the age of 48

## THE WORD

DOROTHY ROBINSON  
SCENE@METRONEWS.CA



Though authorities are not confirming anything other than she was found in the bathtub, some websites are reporting that Whitney Houston died from an overdose of Xanax and liquor. And according to TMZ.com, coroner's officials informed the family that there was not enough water in Whitney's lungs for a drowning, as was initially assumed. Officials believe she passed away before her head became submerged in water, though the official toxicology report won't be complete for four to six weeks.

Although earlier reports say that her stylist, hairdresser and two bodyguards were among the ones who found Houston underwater, reports now say it was her aunt Mary Jones who discovered Houston's body.

NBC New York reports that once Houston's body is released to her family by the L.A. Coroner, she will be eulogized in her birthplace of Newark, N.J. Whigham Funeral Home — who handled the funeral for Houston's father, as well as the memorial for Arthur Lee Warrick, the mother of Dionne Warwick (Hous-



► Whitney Houston (1963–2012)

ton's cousin), and for Ann Drinkard Moss, the sister of Houston's mother, Cissy — will reportedly be handling the arrangements.



► Jennifer Hudson sang I Will Always Love You at the Grammy Awards on Sunday.



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WHO says leprosy still around after being declared eliminated from the Western Pacific region

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# Truly, madly, deeply: Why do we get jealous?

► Valentine's Day isn't all about being madly in love ► Dr. David Buss, relationship expert and author of *The Dangerous Passion: Why Jealousy is as Necessary as Love and Sex*, explains the science behind the 'j' word



**ROMINA MCGUINNESS**  
LIFE@METRONEWS.CA  
METRO WORLD NEWS IN LONDON

Do you ever feel protective of your relationship — as if someone else is out to get your man (or woman)?

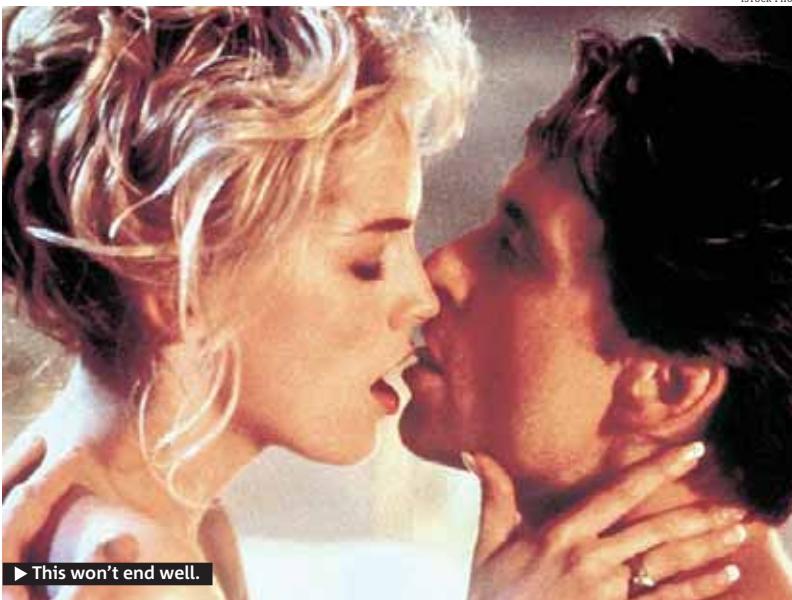
You may be overly cautious. Or you may just be reacting normally. Mate poachers exist. And Dr. David Buss, author of *The Dangerous Passion*, says we've psychological adapted to defend ourselves against such threats.

## First, is your partner your equal?

Determine their mate value: how desirable is this person on the mating market? Think about anything from looks to social status.

When a couple pairs up they tend to have approximately similar mating values but discrepancies do develop over time.

"If one gets a big promotion at work, they could increase their mate value by virtue of the position. The lower mate value person tends to be most jealous as statistically, it's more likely for the higher mate value person either having an affair or terminating the relationship," says Buss.



► This won't end well.

## Then, identify the nature of the threat

According to Buss, men and women are equally jealous but differ in the nature of their emotion.

"For a man the sexual aspect of an infidelity poses a threat as it casts a doubt over their paternity certainty," he said. "Men place a greater premium on physical attractiveness in potential mates so when

women see their man in a sexually charged interaction with a physically more attractive woman, that can drive a woman crazy."

## Take action

"Women enhance their physical appearance as a mate protection tactic whereas men redouble their efforts to fulfill their partners' desires," he said.

"Men are more physically reactive and more likely to get drunk or commit crimes of passion."

## Jealousy as a symbol of love and commitment

No one wants to be with someone no one else wants. Stick to your mate value equal and hopefully you can avoid a Basic Instinct 3.

## THE MOST OUTRAGEOUS JEALOUSY CASES



### AMERICAN FOOTBALL STAR OJ SIMPSON

► Although found 'not guilty,' Simpson was suspected of murdering his ex-wife Nicole Brown.



### NASA ASTRONAUT LISA MARIE NOWAK

► After a 950-mile, 12 hour journey (wearing an adult nappy to avoid bathroom breaks), Nowak confronted love rival Colleen Shipman armed with a BB gun and pepper spray.

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## Best Health Minute



**Sleep remedies: What**

**Works?** The experts interviewed for Michelle Villet's article on sleep remedies recommend seeing your doctor if sleep problems last two weeks. But for occasional sleeplessness, there are plenty of drugstore remedy options.

Always be sure to follow package directions carefully and heed any warnings.

Antihistamine-based remedies (Rexall Extra Strength Sleep Aid Liquid Fastgels, Advil Nighttime, Insominal, Nytol, Sleep-eze D Extra Strength, Tylenol Simply Sleep): The active ingredient in these is diphenhydramine hydrochloride, an antihistamine with sedative



ISTOCK PHOTOS

properties that directs receptors in the brain to relax.

Melatonin-based remedies (Jamieson Melatonin-3; Genuine Health Sleep+Time Release, Nature's Harmony Timed Release Melatonin, Webber Naturals Melatonin): Melatonin is a hormone secreted by the pineal gland.

It helps regulate the body's sleep-wake cycle; normally, melatonin levels rise in the evening to help us fall asleep, and then they drop off in the morning.

Herbal and mineral remedies: Some use a

form of magnesium (New Nordic Melissa and CanPrev Magnesium Bis-Glycinate 200), a mineral involved in more than 2,000 chemical reactions in the body, many of them related to sleep and relaxation. Other remedies use 5-HTP (FemMed Sleep), an amino acid that helps restore serotonin, a neurotransmitter that regulates sleep.

Then there is valerian (Swiss Natural Sources Valerian), which is a herbal extract that targets the same receptors in the brain as certain prescription meds but without the addictive properties or memory loss.

Again, always read labels carefully, and always talk to your doctor about any concerns you have.

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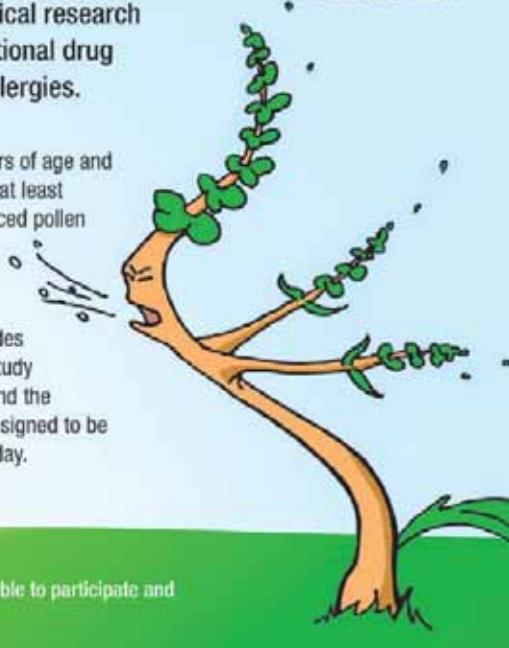
# Ragweed Pollen

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Find out today if you are eligible to participate and to learn about the study.

For information, contact:

Allergy and Asthma Research Centre  
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THIS WEEK: It's Time to Roll Out the Red Carpet - Is Your Smile Ready?



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# Celebrate love and great eats

► Start Valentine's with Paninis at Stella Luna then go skating on the canal

## LUNCH RUSH

SHARI GOODMAN  
FOOD@METRONEWS.CA



It's a day to celebrate the people you love. One idea is to whisk them to Ottawa's best gelateria and then walk over the Bank Street bridge for an enchanted skate on the canal.

It's not just the gelato that draws people to Stella Luna Gelato Café. The spot also offers a selection of unique Panini sandwiches, ready to heat and eat.

I ordered the Italian Sausage Panini and a side



► Italian Sausage with Broccoli & Pecorino Panini (\$8.95) and Butternut Squash Soup.

### ► Stella Luna Gelato Café

1103 Bank St.  
613-523-1116  
Hours: Tues - Sat (8 a.m. - 10 p.m.), Sun (9 a.m. - 10 p.m.)  
Social lunch: Yes  
Co-worker lunch: Yes  
Client negotiations: Yes  
Quick solo lunch: Yes  
Licensed: Yes  
Reservations: No  
Price range: \$  
Rating: 4.5 out of 5

of Butternut Squash Soup.

In-between the crunch from the Art-is-in-Bread was a perfect blend of spicy Italian sausage, roasted broccoli, garlic and strong Pecorino cheese.

The soup was creamy, soothing and mild.

Of course we indulged in some gelato and asked for three scoops. The vanilla was lost between the sweet caramel dulce de leche and the strong, punchy coffee scoop.

A lick of Ottawa's best gelato and a skate on the canal has the promise of bringing Valentine's Day to a magical conclusion.

This Valentine's Day, cocktail sports a risqué name, is easy on the eyes and drinks like candy.

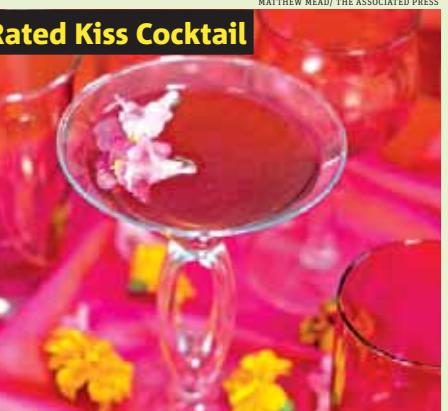
X-Rated, for those unfamiliar with it, isn't just a movie classification. It also is the name of a hot pink liqueur made from vodka infused with passion fruit, blood orange and mango.

### Preparation:

**1** Divide the raspberry liqueur between 2 martini glasses.

### Ingredients:

- 30 ml (1 oz) gin
- 30 ml (1 oz) lime juice
- Pinch of crushed pink peppercorns
- 90 ml (3 oz) X-Rated Fusion Liqueur



**2** In a cocktail shaker filled with ice, combine the lime juice, X-Rated, gin and pink peppercorns. Shake vigorously then strain and divide between the glasses, pouring it carefully down the sides of the glasses. Garnish with edible flower petals. **THE ASSOCIATED PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOK.CA.**

# Spread V-Day love with Red Velvet

► Cupcakes are the perfect way to show your Valentine how much you care ► These ones are bite-size and topped with fluffy whipped cream

## DINNER EXPRESS

EMILY RICHARDS  
FOOD@METRONEWS.CA



These little bite-size treats are perfect to share with friends.

To make them a bit different you can pour the batter into pre-baked mini tartlet shells and bake for a cupcake tart.

They're actually not too sweet and a touch of whipped cream on top is

the perfect finish!

### Preparation:

**1** In a large bowl, whisk together flour, sugar, cocoa powder, baking powder and soda; set aside.

**2** In another small bowl, whisk together buttermilk, butter, egg,

food colouring and vanilla. Pour over flour mix and whisk until smooth and combined.

**3** Divide batter among greased or paper-lined mini muffin tin and bake in 350 F (180 C) oven for about 15 minutes or until tester comes out

clean. Remove from pan and let cool completely on rack. Top with whipped cream and serve.

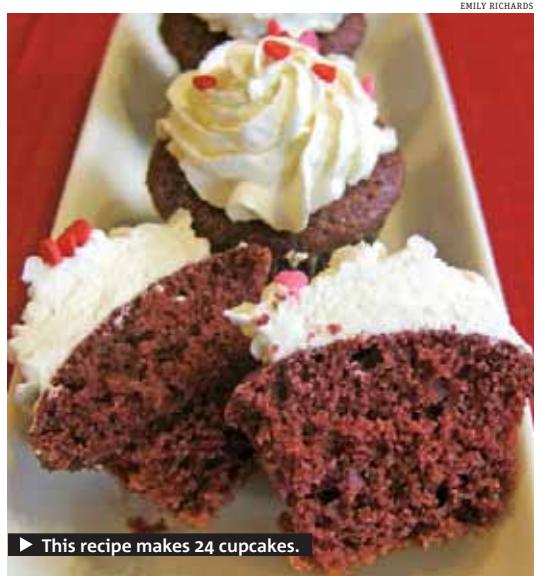
**EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND CELEBRITY TV CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.**

### Ingredients:

- 1 1/4 cups (300 mL) sifted cake and pastry flour
- 2/3 cup (150 mL) granulated sugar
- 1 tbsp (15 mL)

unsweetened cocoa powder  
• 1/2 tsp (2 mL) each baking powder and baking soda  
• 1/2 cup (125 mL) buttermilk  
• 1/4 cup (60 mL) butter, melted

- 1 egg
- 1 tbsp (15 mL) red food colouring
- 1 tsp (5 mL) pure vanilla extract
- Whipped cream



► This recipe makes 24 cupcakes.

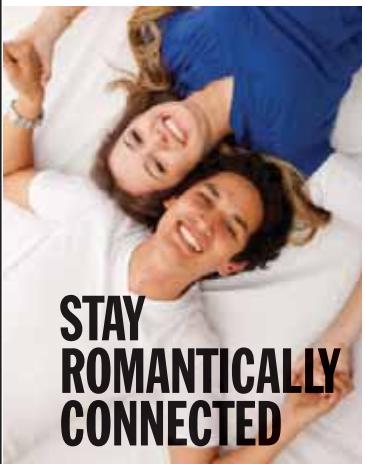
# EASY WAYS TO KEEP THE ROMANCE BURNING

## SURE, WE START WITH SEXUAL SIZZLE, BUT SOMETIMES IT JUST FIZZLES

Indeed, few couples can maintain the heightened rabbit-paced sex habits so rampant early on in a relationship, but some do manage to keep the romance burning.

What's the secret?

A combination of effort, awareness and novelty does the trick.



## STAY ROMANTICALLY CONNECTED

HEMERA/THINKSTOCK

Having it all and getting it all are vastly different things.

Unfortunately success doesn't just boil down to the snappy — yet highly simplified — work-life balance ideal.

While this is the message of our overloaded, Type A world (which calls for maintaining a fabulous career, time with friends, a regular work-out routine, clean home, stocked refrigerator, fresh laundry, happy kids, and a relationship teeming with hot sex), it isn't always so easy to achieve.

Surely, something's gotta give.



WAVEBREAK MEDIA/THINKSTOCK

While a study published this month online in the Journal of Sex and Marital Therapy found that women ages 18 to 25 in monogamous relationships gradually lose sexual interest, don't fret — you don't have to let your below-the-belt desires shrivel.

The University of Guelph researchers behind the study, Sarah Murray and Robin Milhausen, suggest the end of the "honeymoon phase" could tie into waning female desire.

Thankfully, past studies have found that sex actually improves in committed relationships, compared to one-night stands.

"Long-term, people find sex with someone they love more satisfying," says

Dr. Oren Amitay, registered psychologist and instructor at Ryerson University.

There is, however, a natural drop in sexual appetite as time passes.

"Very rarely are you going to have the same passion you had when you started," says Amitay.

"The reason it goes is familiarity."

That's why novelty is so important. Basically, we become used to something, and naturally our physiological response decreases."

Other explanations may include built-up resentments and increased responsibilities.

For couples looking to restore bedroom bliss, small steps are advisable.

"Very few people will turn down a massage," offers Amitay.

"Then move onto a full-body massage. You can slowly introduce more and more."

Meanwhile, a visit to a reputable sex shop (most are housed with educated and approachable staffers) is a fun way to inspire discussion and keep things fresh. Consider buying an erotic video, book or new adult toy.

"A lot of people don't realize you have to work at it," says Amitay.

"Almost every couple has a decrease. You can't expect partners to be as passionate 20 years later, but you can re-ignite the passion."

— Tanya Enberg

## SIZZLE STARTERS

Don't skip meals or allow overall health and exercise to slide — these are life essentials that enable you to function at your best

- Ask about telecommuting or flex hours at your workplace
- Clear up calendar time by sharing carpooling duties with friends and family
- If the budget allows, hire a cleaner or get groceries delivered

When that something is your sex life, well, you're not going to take that lying down, right?

For some, especially working parents, juggling too many demands is bad news for romance.

"Realize where you need to delegate," advises Toronto-based life coach Krista Roesler.

"Maybe the kids need to step it up and help with the chores, (or you can) find support in the community, but don't be afraid to ask for help."

Roesler suggests creating a list of daily demands to help identify areas where energy is wasted, and highlight key spots where more focus is required. This is helpful for determining what holds the most importance and editing out the rest. Sometimes this will mean turning down an offer to volunteer opportunity, cutting back on night classes or, simply, learning the art of slowing down.

For over-stressed partners, finding an outlet is essential.

"Parents need to take time off," insists Roesler.

"Have the grandparents look after the kids and take a weekend away," she says. Roesler adds that it's vital for couples to share space together

beyond their parental roles, and equally important for children for developing independence and confidence.

"Teaching kids that you need to have a balanced life, that's important. It's really easy to lose yourself when you have kids."

Whether you pencil in date nights or prefer sexual spontaneity, staying romantically

connected is a natural health booster that also happens to work wonders for your relationship.

"It's so important," stresses Roesler.

"Some people are planners, others are not, just make sure it (sex) doesn't become an obligation, another thing you have to do."

— Tanya Enberg

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# SHARE THE BUZZ

## CANADIAN-MADE WE-VIBE 3 REVOLUTIONARY

Gone are the days of dark, cave-like sex shops where customers secretly slink in and quickly back out into the shadows.



HEMERA/THINKSTOCK

Personal pleasure, once considered predominantly a man's sport, has gained prestige, popularity and social acceptance among many women, who are quick to share trade secrets among their girlfriends.

It may be this more open information exchange that has made the Canadian-made We-Vibe — a cleverly designed toy created to amp up the pleasure of couples' play — the number one selling couples' toy among



playful pairs around the globe. It has a revolutionary shape, which simultaneously stimulates the G-spot and clitoris, and a unique benefit that appeals to both genders (worn while making love). The We-Vibe, launched in 2008, continues to stretch the limits of our bedroom romps beyond the commonplace phallic fare typically available.

The We-Vibe 3, the latest version of this environmentally friendly find (it's rechargeable and body safe, made with

medical-grade silicone and 100 per cent lead free), is touted as the most powerful to date with 40 per cent more rev.

Added bonus(es) — it comes with a wireless remote control to switch between the six vibration modes (for all kinds of imaginative fun) and it's completely waterproof!

Also making orgasmic waves are the company's three super-powerful, yet highly-compact offerings: The Touch (a hand-held personal massager); the lipstick-shaped Tango, and the Salsa, a classic mini vibrator.

For more product info, visit [we-vibe.com](http://we-vibe.com) ... then go ahead and share the buzz with your pals.

— Tanya Enberg

# THINK BEFORE YOU SEXT

You're feeling flirty and want to send your significant other a naughty text or photo, but is it really such a good idea?

The instant you hit the send button, your saucy decision will enter into the realm of technology where it, like so many horror stories before, could come back to haunt you.

Think before you sext — that is the message.

Although stripping down emails, texts and Facebook posts to sentences bordering on virginal is not always necessary, knowing where to draw the line is, warns Dr. Oren Amitay, a

registered psychologist and Ryerson University instructor.

A good rule of thumb, he says, is avoiding images you wouldn't want a family member, colleague or employer to see.

"Send something more tasteful," he advises.

"Something that captures you having fun but not in an embarrassing situation."

Surprisingly, sexting is not just a pastime of teens. According to a Pew

Research Center poll, 5 per cent of U.S. adults ages 30 to 49 admit to having sent a nude or semi-nude image to someone, and 17 per cent have been on the receiving end of such sexually explicit photos.

Certainly, the thrilling temptation of sexting cannot be denied, and there are some arousing benefits that can come along with sharing a teasing note or photograph with your mate.

"There's something to be said for it, but you don't want to go too far," says Amitay.

"You may actually turn someone off."

— Tanya Enberg

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# Speedflirt

He winks, she winks back  
She flirts, He flirts back



Introducing Speedflirt, a flirty new app for meeting singles in your city looking for love or friendship.

Create a profile, browse profiles and find your match!



Download and install the free app for your mobile device - available on the App Store or also available in Android Market.



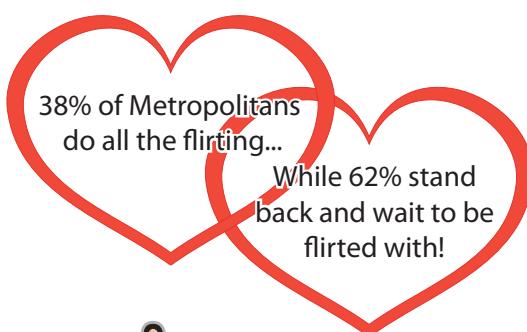
We wanted to know a little about *flirting* and *love* from our Metropolitans, this is what they had to say:

## How important is it to find and/or keep love in 2012?



## ONLINE DATING

34% have tried it  
29% have never tried online dating, but would give it a shot



## Where's the best place to flirt?

**At a Party 25%**  
• Pub 13% • Work 11%  
• Online 7% • Grocery Store 6%  
• Nightclub 6% • School 5%  
• Mall 3% • Gym 2%

## When flirting, how forward are you?



19% Subtle like a ninja!  
4% Forward. Bull in a china shop.  
35% A little bit of both

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Source: Metropolitan Panel Survey; 352 Respondents, January 2012

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Metropolitan Panel



► He looks happy, they look happy, everyone wins.

## Happy to be single

 CHIARA ATIK  
LIFE@METRONEWS.CA

Of course, we all want to find that special someone someday ... but here are four reasons to be happy that someday is not today.

### 1 The opportunity to check out all those "what-ifs"

A random person you meet at a party, an acquaintance you've had a crush on forever, maybe even a co-worker: when you're single, you can pursue these "what-ifs" and see where they lead.

More often than not, these little sparks of romance turn out to be nothing, but at least when you're single, the not knowing won't drive you crazy.

### 2 Not shaving...

your legs, your beard or any other part of your body.

Not shaving, and sparing those extra 15 minutes in the morning just because you don't feel like it, is the luxury of being single.

### 3 Wild nights! Wild nights!

It's pretty nice to be able to go out, and stay out, as long as you want without having to worry about whether your significant other is tired, or their feet hurt, or you said you'd call, or they have an early start in the morning, or hearing "you're so old!" in a faux-complaining voice and regretful smiles as you head out the door.

And if, at midnight, a friend calls and invites you to come out, you can just go. And if, at 2 a.m., you meet someone you like, you can just kiss them, or go home with them, or just get their number.

And if, at 4 a.m., you feel like getting a slice of pizza, or a whole pizza, you can, no problem. Who's going to care?

### 4 Not having to hang out with anyone else's friends

You have your own friends, and it's hard enough to find time to hang out with them.

Sort of nice not to have to spend a Friday night hanging out with someone else's friends, no?

CONTRIBUTED

# 'Like a piece of meat'

► Metro's Liz Brown recently dropped in on an anti-Valentine's Day singles party

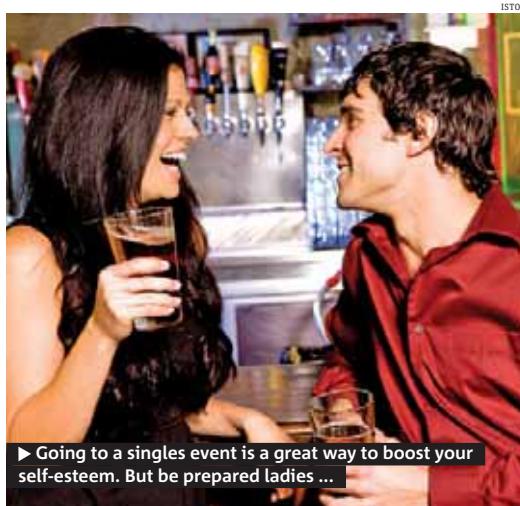
 LIZ BROWN  
LIFE@METRONEWS.CA

Ever wonder what would happen if you gathered all the people on an online dating site into the same room?

I never pondered the possibilities of such a situation until last Saturday night, when I attended an anti-Valentine's Day singles party at C'Lounge in Toronto, hosted by a company called Meet Market Adventures.

Being of the adventurous sort, willing to try anything once — and single myself, I thought it might be a good place to expand my potential dating circle. And while I met several guys, the event shared many similarities with online dating — as in, if you're female and attractive enough to go out in public, you're getting plenty of attention. This isn't always a good thing.

When my friend and I arrived at the bar at about 10 p.m., it was already packed. Singles ranging from 25 to 45 mingled over hors d'oeuvres and packed the dance floor, bumping and grinding to Top 40 tunes. The pair of us, being more of the wallflower than life-of-the-party type, grabbed drinks and settled ourselves in a corner of the bar to take in the crowd. The male to female ratio seemed an ideal



► Going to a singles event is a great way to boost your self-esteem. But be prepared ladies ...

ISTOCK

### For more info

► Meet Market Adventures hosts singles events in most major cities in Canada. For a list of upcoming events, visit [Meetmarket-adventures.com](http://Meetmarket-adventures.com).

— or perhaps not. One not-so-sharp fellow approached us and opened with "So, are you two ladies single?"

As we stood there, a bit too overwhelmed to mingle, a steady stream of potential suitors approached us with all manner of pickup lines.

While we sipped our drinks and felt the burning stare of dozens of pairs of male eyes, my pal leaned over, "Do you feel like a piece of meat in this place?"

"Completely."

"Want to go somewhere else?"

"Definitely."

After just an hour of our Meet (or was it meat?) Market Adventure, we packed it in and headed to our favourite dive bar where we did shots and hit the dance floor, happy that our single status remained personal information.

Although the event had uncomfortable overtones for me, if you're feeling lonely and need to be reassured there are plenty of single people out there, it's not a bad place to spend a Saturday night.

### Memorable opening lines of the night

- "Check out my tan. I bet I'm more tanned than you. I just got back from Mexico."
- "Don't go to the bar, you can have my drink." (A half sipped warm rum and coke).
- "I have a girlfriend right now, but it's ending soon."
- "What's your sign?"

50:50 split.

At the front of the room, the more social singles were jostling to enter a draw to win a trip to New York City and participate in a human scavenger hunt — a search for a member of the opposite sex who had come to the party with their ex.

Several women in the 30-to-40-year-old range wearing dresses joined us on the outer fringes, playing with their hair, and subtly swaying to the mu-

sic, presumably hoping to be asked to dance. While some guys were bold and approached the women, others stood by in their dress pants and button shirts, surveying the room.

This surveying was a little more overt than typical of a regular bar.

Of course, the end game of such an event is to 'pick-up,' but it was slightly jarring to walk into a bar knowing that every man in the room knew with certainty your solo status

## WHAT TO BUY FOR A BAPTISM

Hello,  
What is an appropriate gift  
for a child at a Christening if  
the child is a close family  
member?  
Thanks J&R

Hello J&R!

The ceremony of a Baptism or Christening is a religious event. So, to state what might seem obvious to some, a religious gift of some sort will always be appropriate in either case.

Such gifts might include a cross, rosary or even a

CHARLES THE BUTLER



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small children's version of the Bible. You may even wish to consider having a mass said in the child's name, or giving a small bot-

tle of Holy Water or a religious charm for future use on a charm bracelet or necklace.

You can also consider a small prayer book, a picture frame with the date engraved for a photograph of this important ceremony or an album/scrapbook to keep a copy of the church program, guest list, family pictures, footprints and anything else from the day. HAVE A QUESTION? EMAIL CHARLES AT [ASKCHARLESTHEBUTLER@METRONEWS.CA](mailto:ASKCHARLESTHEBUTLER@METRONEWS.CA).



► A cross or rosary would make for a good Baptism gift.

ISTOCK

# Will you be mine for less than \$25?

► Your heart may be full of love but that doesn't mean your wallet is ► Show you care without going into the red

## FUN AND FRUGAL

LESLY SCORGIE  
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The spirit of Valentine's Day is to show your special someone

that you care about, and value, them. And you don't need lavish gifts and a racked up credit card to acknowledge your partner.

Just like a grade-schooler, sit down for 20 minutes

and make a card. Using red and pink paper, cut out hearts and glue a picture of your honey in the middle.

Somewhere within your homemade masterpiece, write out all the things you love about them. Who cares if you're not Picasso or Shakespeare; it doesn't matter. The thought is what counts.

Rather than booking a dinner out, try cooking a new recipe at home. Pick up fresh ingredients from your local grocer and a reasonably priced bottle of wine.

If your culinary skills are sorely lacking, buy an

**"Valentine's Day is your opportunity to make your partner feel special and you don't need a helicopter ride to prove you care."**

online coupon to an inexpensive restaurant. If the corkage fee is low, bring your own wine.

If you're freaked out your partner might think you're a cheapskate, secretly slip the coupon to your server en route to the washroom.



► A homemade card can be a lot more meaningful than an expensive present.

If you're planning to exchange gifts, be frugal. Agree to set a limit on your spending. Turn it into a game; who can buy the best Valentine's gift for less than \$25.

Take advantage of coupons, clearance and 'end-of-season' sales. If you're into the great out-

doors, give your partner a handmade 'IOU' to take them hiking, skating or skiing.

Turn off your computer and phones, fill up a thermos with hot chocolate and go for a romantic walk around your neighbourhood. Spend time talking or download an

old movie.

Simply making time for your honey or helping them with a mundane task, like housework, means a lot.

Valentine's Day is your opportunity to make your partner feel special and you don't need a helicopter ride to prove you care.

# That chew toy better be BPA-free

► Rover's living large: More and more pet owners are paying extra for healthy, eco-friendly food and toys

Like many pet owners, customers at April Lawrence's pet bakery and boutique in central Iowa want the best for their four-legged family members.

That means high-quality, safe and eco-friendly products, from organic food and treats to BPA-free toys and water dishes. And they don't mind paying extra.

"The customers are looking at their pets as part of their extended family," says Lawrence, adding that the organic, baked-from-

scratch, healthy treats she sells at Bone-A-Patreat Pet Bakery and Boutique are especially popular. "They're better than what I eat!"

Many pet owners began looking for safer products after huge pet food recalls in early 2007 that followed the renal failure and death of hundreds of animals, says Leslie May, who operates Pawsible Marketing, a firm that helps pet-related businesses, in Blue Ridge, Ga.

"It really prompted people to wake up and look at what's in their pet's food and what's around their pet's life, in their environment," she says, adding that there's also a growing awareness of lead in dog toys made in China, and of the dangers posed by some plastics used in many pet products.

Social media sites have provided a forum for people to learn more about pet health, she says, and that also leads to a demand for safe, well-made items.

"You are getting higher



► Valentine dog treats at the Bone-A-Patreat store in Des Moines, Iowa — "They're better than what I eat!" says the owner.

quality, which last longer, so you actually come out even or ahead in the end," says May.

For example, a food bowl free of the chemical bisphenol-A, or BPA, may cost twice as much as an ordinary bowl, but it can last a dog's lifetime.

May, the consultant, says

her research shows that many baby boomers who have become empty-nesters have turned to nurturing pets.

Also, more couples and individuals are remaining childless and looking for a bond with a pet, and they have the resources to spend on their beloved ani-

mals.

"A lot of people, just like me, got a dog to do something with," says May, who owns a seven-year-old sheltie, Johann. "He sure filled that bill. The bond — it's so much more powerful than I could ever have imagined."

THE ASSOCIATED PRESS

### Puppy love

Brad Weston, chief merchandising officer for Petco, a leading pet-products retailer, says there's definitely a trend toward healthy, eco-friendly products as pet owners project their own lifestyle choices onto their pets.

► Pets reflect our values: "(Pets) are increasingly thought of as family members, so not only are we willing to dig deeper into our pockets for our pets, but the choices we make for them are a direct reflection of our personal preferences, values and ideals," he says.

► Only the best: No matter if the economy is slumping, Weston expects the trend in premium pet products to keep growing. "For the most part, as parents, we don't skimp on our kids until or unless we really have to. And same goes for our pets today," he says.



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TUESDAY, FEBRUARY 14, 2012

# RRSP GUIDE



# Pros & Cons

Should you take out a loan to invest in an RRSP?

JANE DOUCET  
FOR METRO

Borrowing money to invest in an RRSP has many advantages.

Besides the immediate tax savings, it allows you to increase the amount you have to invest, take advantage of tax-sheltered compounding, boost your investment returns,

achieve your long-term financial goals faster and build a larger and more diversified retirement portfolio.

But how do you know if you should take out this type of loan? It's a good idea to borrow for an RRSP if you want to make a contribution now but don't have any money set aside, you want to take advantage

of your unused contribution room, or you are in a higher marginal tax bracket than you were last year.

RRSP loans have low interest rates, flexible repayment options of up to 10 years, deferred payments of up to 90 days and no early repayment penalty. That's all good news. But what about the downsides?

"The biggest problem

with RRSP loans is that people don't put the tax savings back onto the loan," says Stephen Cox, a certified financial planner professional with Desjardins Financial Security Independent Network in Halifax.

"Instead, they'll use it to take a vacation or buy an expensive item they've been eyeing."

Another pitfall is that those who take out a long-term RRSP loan — say, over five to 10 years — get sick of making the payments.

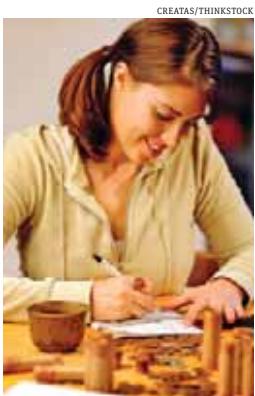
"Most people take the longer-term loan intending to pay it back sooner, but few do," says Cox.

"It's a better idea to take out a loan for a smaller amount over a shorter pe-

riod of time, such as one or two years."

If you borrow for an RRSP and the market does well, then you are ahead of the game. But if it doesn't do well?

"You could possibly pay more in interest on the loan over time than what you saved in tax," says Cox. "It's unlikely, but possible."



## Women face special retirement circumstances

There are special considerations for women when it comes to retirement financial planning.

Several factors may impact their pension and savings, such as situations where women may leave the workforce to care for parents, children, or both.

Another reality is that women often live longer than men, and when paired with the fact that for

many married couples, the husband is older than the wife, this may add up to a longer time in retirement for women than men.

When you consider that data suggests post-retirement years have stretched to 20 years from 13, or 54 per cent longer, it's clear a proportionate increase in savings is needed to fund a longer retirement.

"While longevity is ex-

citing when thinking about additional years out of the workforce and more time with family and friends, it may be somewhat concerning when it comes to retirement savings," says Crystal Wong, senior regional manager, TD Waterhouse Financial Planning.

So what can women do to help ensure their retirement planning is on the

right track? Wong offers her suggestions:

- Ensure you have a written, comprehensive financial plan. A recent TD Waterhouse poll found that only 31 per cent of Canadian women have a financial plan.

- Consider working with a financial adviser to ensure your investments match your long-term goals such as retirement, estate plan-

ning and kids' education.

► Take an active interest in your family's finances.

"What's most important is feeling confident that your future is financially secure," adds Wong. "And by having a financial plan that includes a clear retirement savings plan and measures in case of the unexpected, you're in good shape."

NEWS CANADA

# Different variables for entrepreneurs



JANE  
DOUCET  
FOR METRO

Creating a retirement savings plan can be more challenging for small business owners than for other people.

That's because entrepreneurs must consider multiple sources of retirement income, special tax considerations and succession issues when building a retirement plan.

Many entrepreneurs assume that their business

will fund a substantial portion of their retirement.

"While the equity in your business can be an important source of income, diversification is the best risk-management strategy," says Robert McCullagh, the owner of Benefit Planners Inc., a Calgary-based integrated financial planning firm, and the past chair of the board of directors of Advocis, The Financial Advisors Association of Canada.

In McCullagh's experi-

## Other sources

► A business owner's retirement income is likely to come from other sources, including both registered and non-registered investments. An RRSP remains

ence, entrepreneurs typically have an overstated value in mind of what their business is worth, both current and long term.

"Most assume that when they sell their busi-

ness, it will be viable, relevant, debt free and cash positive," he says.

But many variables can impact the projections of its worth. For example, what if you plan to sell

your business in 10 years, but become stricken with a fatal illness at the three-year mark, meaning you are forced to sell significantly sooner?

"You can't assume that you'll stay healthy until you retire," says McCullagh.

Or what if in your final years of operation you become entangled in a lawsuit, either as the plaintiff or the defendant? And what if the economic marketplace changes quickly,

causing your business to become devalued?

Other issues to consider are whether the buyer will be paying for a client list or purchasing shares in a corporation. Then there's the matter of the payout. Will it be all out front, or distributed over time?

"A business is an excellent way to augment a well-planned retirement program, but it has its pitfalls," says McCullagh.

"You don't want to depend solely on it."

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## Senators preview

Ottawa  
at Tampa Bay  
7 p.m.  
TV: SNET



The Sens (28-22-8) visit Tampa Bay (24-25-6), which lost 4-2 to Pittsburgh on Sunday. Steven Stamkos' six-game, 10-point streak came to an end. Steve Downie scored two goals in 11 seconds — the fastest pair of goals ever scored by a Lightning player — in the loss. Teddy Purcell set up both of Downie's goals and has five assists in the last four games. Ryan Malone and Matt Gilroy (upper body) are both day-to-day.

THE CANADIAN PRESS

# Penguins making do with Malkin-mania

► Centre still thriving in Crosby's absence with 17 goals in last 17 games

Perhaps only the Pittsburgh Penguins could have so creatively answered this seemingly unsolvable in-season puzzle: How do you replace the best player in hockey?

With Sidney Crosby shelved once again, the Penguins could have chosen to swing a trade, make a dramatic adjustment to their style of play or wait until next season.

Instead, they went with a much simpler solution: Give Evgeni Malkin the puck as much as possible and get out of his way.

They've replaced the best player in hockey a year ago with what arguably is the best player in hockey today.

"He's gigantic," Tampa Bay Lightning coach Guy Boucher said after Malkin lit up his team for five goals in two games. "He's just a monster out there that can skate, sees everything. He can put the puck inside out, inside of your pants and out. He just has it all."

In Pittsburgh, a city that has been flush with premium talent for nearly 30 years (Mario Lemieux, Ron Francis, Mark Recchi, Jaromir Jagr, Crosby and Malkin), they're calling it Malkin-mania. It's the maturation of what already was a star into a polished superstar who's still only 25.

"Of course, I feel great,"

**3**  
Since Sidney Crosby went out with concussion-like symptoms on Dec. 5, Malkin has had three five-point games.

Malkin said.

That Malkin is scoring at a furious pace isn't a total surprise. He was good enough in 2009 to not only win the Art Ross Trophy,

but to earn the Conn Smythe Award for the Stanley Cup champions.

But Malkin wasn't so visible the last two seasons; he had a career-low 15 goals in 43 games before a serious knee injury ended his 2010-11 season in early February.

He worked harder than ever in the summer to get better, and now, after scoring three goals with four assists in a pair of weekend games against Winnipeg and Tampa Bay, Malkin leads the NHL with 69

points (32 goals, 37 assists) in 49 games, and is a plus-11.

Call it the Crosby Influence; Malkin's game now encompasses elements that were displayed previously only by Pittsburgh's other star in residence.

"He goes in tougher areas," said teammate Kris Letang. "You see his goals, he's always driving in the tough areas on the ice. He's battling on the walls. He's playing a great game."

THE CANADIAN PRESS



► Penguins centre Evgeni Malkin scores on Winnipeg's Ondrej Pavelec on Saturday night in Pittsburgh.

FRANK FRANKLIN II/THE ASSOCIATED PRESS



## Raptors will try to stop 'Lin-sanity'

Dwane Casey is a huge Jeremy Lin fan, but the Raptors coach isn't being swept up in the "Lin-sanity."

The NBA's biggest story is in Toronto on Tuesday as the New York Knicks visit, but the coach who worked with Lin back when he was a non-descript point guard cautions against letting the game become a "sideshow."

"We're here for business," Casey said. "He's a wonderful young man, I'm happy for him, but I'm not going to be happy for him (Tuesday) night. I want to kick his butt."

Lin is the first American-born NBA player of Asian heritage and a Harvard graduate who went undrafted. He was trying to land a job with the Mavericks in the summer of 2010 when Casey was a coach with Dallas.

The 23-year-old was named Eastern Conference player of the week Monday after his first week as a starter. Lin averaged 27.3 points and 8.3 assists while leading New York to a 4-0 record. His 109 points are the most by an NBA player in his first four starts since the 1976-77 season.

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**NATIONAL HOCKEY LEAGUE****EASTERN CONFERENCE**

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	54	36	13	1	4	153	110	77	18-6-0-2	18-7-1-2	5-4-1-0	W3
d-Boston	53	34	17	1	1	184	120	70	18-9-1-1	16-8-0-0	5-4-1-0	W1
d-Florida	55	27	17	5	6	145	152	65	14-5-1-4	13-12-4-0	6-3-0-1	W3
Pittsburgh	56	32	19	2	3	175	141	69	17-7-2-0	15-12-0-3	7-2-0-1	W2
Philadelphia	56	31	18	2	5	182	169	69	13-9-1-4	18-9-1-1	3-4-0-3	L2
New Jersey	55	31	20	1	3	154	155	66	15-10-0-3	16-10-1-0	5-3-0-2	L2
Ottawa	58	28	22	6	2	169	181	64	15-11-2-1	13-11-4-1	2-6-2-0	L1
Toronto	56	28	22	3	3	171	166	62	16-9-2-2	12-13-1-1	5-4-0-1	L3
Washington	55	28	22	2	3	153	155	61	19-7-0-2	9-15-2-1	3-4-2-1	L2
Winnipeg	57	26	25	3	3	139	161	58	16-8-0-2	10-17-3-1	4-5-0-1	L1
Montreal	56	23	24	2	7	149	145	55	11-11-2-5	12-13-0-2	6-3-0-1	W4
Tampa Bay	55	24	25	3	3	155	185	54	15-8-1-1	9-17-2-2	6-2-2-0	L1
Buffalo	55	24	25	3	3	136	154	54	13-10-3-3	11-15-0-0	5-4-0-1	L1
NY Islanders	55	23	24	5	3	131	159	54	12-13-0-5	11-11-1-2	5-3-1-1	L1
Carolina	56	20	25	7	4	142	172	51	14-12-0-3	6-13-7-1	4-2-3-1	L2

**WESTERN CONFERENCE**

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	57	38	17	1	1	182	135	78	23-2-1-0	15-15-0-1	7-2-0-1	W3
d-Vancouver	55	34	15	0	6	178	138	74	15-6-0-4	19-9-0-2	6-1-0-3	L1
d-San Jose	53	30	17	3	3	153	127	66	18-9-2-0	12-8-1-3	4-5-0-1	L1
St. Louis	55	34	14	1	6	139	111	75	24-3-1-3	10-11-0-3	7-2-0-1	W4
Nashville	56	32	18	3	3	158	148	70	17-7-2-2	15-11-1-1	6-2-0-2	L3
Chicago	56	29	20	4	3	174	171	65	19-6-13	14-10-3-0	2-7-1-0	L8
Los Angeles	57	27	19	5	6	124	124	65	15-11-0-4	12-8-5-2	4-4-1-1	W1
Phoenix	56	27	21	3	5	148	144	62	14-10-2-2	13-11-1-3	6-3-0-1	W5
Calgary	56	26	22	4	4	134	151	60	15-8-1-1	11-14-3-3	5-2-1-2	W1
Colorado	57	28	25	3	1	146	159	60	16-13-0-1	12-12-3-0	4-4-1-1	L1
Dallas	55	28	24	0	3	145	157	59	15-11-0-2	13-13-0-1	4-5-0-1	L2
Minnesota	55	25	22	2	6	125	144	58	13-9-2-2	12-13-1-4	3-6-0-1	L4
Anaheim	55	22	24	4	5	144	163	53	15-13-0-2	7-11-2-5	6-2-1-1	W1
Edmonton	55	22	28	1	4	147	165	49	15-8-1-2	12-20-0-2	5-4-0-1	W1
Columbus	56	16	34	1	5	131	185	38	9-15-1-2	7-19-0-3	3-6-0-1	L1

d — division leaders ranked 1-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

**Last night's results**

San Jose at Washington

Carolina at Montreal

Phoenix at Vancouver

Sunday's results

Florida 4 Islanders 1

NY. Rangers 3 Washington 2

Anaheim 5 Columbus 3

Los Angeles 4 Dallas 2

St. Louis 3 San Jose 0

Pittsburgh 4 Tampa Bay 2

Detroit 4 Philadelphia 3

Tonight's games

All Times Eastern

NY. Rangers at Boston, 7 p.m.

New Jersey at Buffalo, 7 p.m.

St. Louis at Columbus, 7 p.m.

Ottawa at Tampa Bay, 7 p.m.

Dallas at Detroit, 7:30 p.m.

Anaheim at Minnesota, 7:30 p.m.

Chicago at Nashville, 8 p.m.

NY. Islanders at Winnipeg, 8:30 p.m.

Toronto at Calgary, 9 p.m.

Tomorrow's games

Anaheim at Pittsburgh, 7 p.m.

Boston at Montreal, 7:30 p.m.

Ottawa at Florida, 7:30 p.m.

Toronto at Edmonton, 10 p.m.

Colorado at Vancouver, 10 p.m.

Thursday's games

Chicago at N.Y. Rangers, 7 p.m.

Buffalo at Philadelphia, 7 p.m.

San Jose at Tampa Bay, 7:30 p.m.

N.Y. Islanders at St. Louis, 8 p.m.

Winnipeg at Minnesota, 8 p.m.

Calgary at Dallas, 8:30 p.m.

Phoenix at Los Angeles, 10:30 p.m.

**SCORING LEADERS**

	G	A	PT
Malkin, Pgh	32	37	69
Stamkos, TB	37	25	62
Giroux, Pha	22	40	62
Kessel, Tor	30	30	60
Lupul, Tor	22	36	58
H.Sedin, Vcr	12	46	58
Spezza, Ott	22	34	56
Neal, Pgh	29	26	55
D.Sedin, Vcr	24	31	55
Datsyuk, Det	14	41	55
Eberle, Edm	24	30	54
Tavares, NYI	22	32	54
Hossa, Chi	20	33	53
Elias, NJ	19	34	53
Toews, Chi	27	25	52
Kovalchuk, NJ	22	30	52
Pominville, Buf	20	32	52
Selanne, Ana	18	33	51
Ra.Whitney, Phx	16	35	51
Hartnell, Phi	26	24	50
Kopitar, LA	17	33	50
St. Louis, TB	16	34	50
Karlsson, Ott	9	41	50
Benn, Dal	17	32	49
Parenteau, NYI	11	38	49
Gaborik, NYR	27	21	48
Moulson, NYI	24	24	48
Versteeg, Fla	22	26	48
Parise, NJ	21	27	48
Vrbata, Phx	26	21	47
Eriksson, Dal	18	29	47
Bergeron, Bos	16	31	47
Thornton, SJ	12	35	47
Franzen, Det	22	24	46
Sharp, Chi	22	24	46
O.Jokinen, Cal	17	29	46
Lecavalier, TB	21	24	45
P.Kane, Chi	12	33	45

Not including last night's games

**NCAA BASKETBALL****AP MEN'S TOP 25 POLL**

Through Feb. 12

Record	Pts	Prv
1. Kentucky (63)	25-1	1,623
2. Syracuse (2)	25-1	1,559
3. Missouri	23-2	1,498
4. Kansas	20-5	1,356
5. Duke	21-4	1,336
6. Ohio St.	21-4	1,284
7. Michigan St.	20-5	1,283
8. North Carolina	21-4	1,227
9. Baylor	21-4	1,064
10. Georgetown	19-5	983
11. UNLV	22-4	976
12. Marquette	21-5	810
13. San Diego St.	20-4	688
14. Florida	19-6	675
15. Wisconsin	19-6	635
16. Murray St.	24-1	600
17. Michigan	19-7	562
18. Indiana	19-6	430
19. Louisville	20-5	421
20. Florida St.	17-7	406
21. Saint Mary's (Calif.)	23-3	377
22. Virginia	19-5	337
23. Notre Dame	17-8	231
24. Gonzaga	20-4	221
25. Wichita St.	22-4	221

Others receiving votes: Temple 122, Mississippi 108, Creighton 20, BYU 12, Long Beach St. 12, New Mexico 12, Iowa St. 10, Southern Miss. 7, Harvard 6, Saint Louis 5, California 3, VCU 2, Vanderbilt 2, Memphis 1.

Ballots Online: <http://tinyurl.com/43u6jr6>

Last night's results

No. 2 Syracuse at No. 19 Louisville

No. 4 Kansas at Kansas State

No. 9 Baylor vs. Iowa State

Tonight's games

All Times Eastern

No. 6 Ohio State at Minnesota, 9 p.m.

No. 11 UNLV at TCU, 7:30 p.m.

No. 14 Florida at Alabama, 7 p.m.

No. 22 Virginia at Clemson, 7 p.m.

Tomorrow's results

No. 24 Wichita State vs. Missouri State, 8:05 p.m.

No. 21 Saint Mary's (Calif.) vs. Loyola Marymount, 10:30 p.m.

No. 23 Notre Dame vs. Rutgers, 7 p.m.

No. 24 Wichita State vs. Missouri State, 8:05 p.m.

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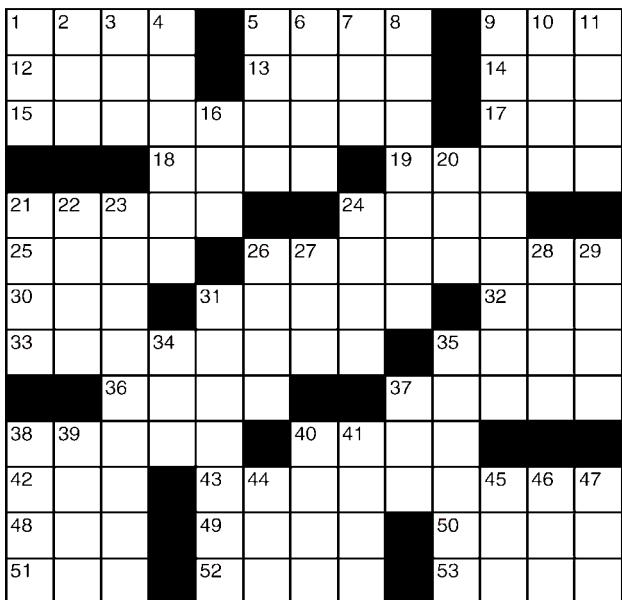
**Crossword****Across**

1 Mexican peninsula  
5 Mussolini's title  
9 Scoundrel  
12 Culture medium  
13 Composer Khachaturian  
14 Past  
15 Tea party guest  
17 Regret  
18 Corridor  
19 Indy 500 entrant  
21 Sorts  
24 Conk on the noggin  
25 Frost  
26 Guaranteed to work  
30 Bobby of hockey fame  
31 Technophiles' magazine  
32 Blue  
33 Comfy chair  
35 Existed  
36 Female red deer  
37 Pyromaniac's crime  
38 Packing heat

40 Sagacious  
42 Spelling contest  
43 Some "USA Today" illustrations  
48 Crib  
49 Sheltered  
50 Grand  
51 Pismire  
52 Pentagonal VIPs  
53 Barrel part

**Down**

1 Emeril's interjection  
2 — Khan  
3 It holds the mayo  
4 William Tell, no-



tably

locate

dine

5 Willy Wonka's creator

27 100 square meters

47 dine

42 Spelling contest

28 Gambling game

► Monday's answer

43 Some "USA Today"

29 Paradise

S E W S   E A R   G A S P

illustrations

31 Talkative one

O R A T O R I O   O N T O

48 Crib

8 May birthstone

S A G A M O R E   O N E S

49 Sheltered

34 Falsehood

Y E S   N E G A T E

50 Grand

9 Movie action

R A V E N   O T T O

51 Pismire

scenes, often

A G E D   T A G A L O G

52 Pentagonal VIPs

10 Chills and fever

N O R   M O S E S   B A A

53 Barrel part

11 Active one

G A G A R I N   C O G S

Down

16 Owns

R A M S   W R E A K

20 Donkey

39 Check

R E G I M E   O H O

21 Explorer Heyerdahl

40 Small songbird

I D O L   N A G A S A K I

22 Bygone times

41 Chills

G I R L   T R E M B L E D

23 Old paper

44 Hearty quaff

S T Y E   S E E   Y E N S

45 Pi follower

46 Overly

**Today's horoscope**

For today's crossword answers and for expanded horoscopes, go to metronews.ca does.

**➤ Sagittarius Nov. 23-Dec.**

21 Take your time today and try to avoid situations where you don't have full control over what is going on around you.

**➤ Capricorn Dec. 22-Jan. 20**

The more you reach out the more love you'll let in.

**➤ Aquarius Jan. 21-Feb. 18**

Focus on your long-term goals and don't allow yourself to be distracted by passing fancies.

**➤ Pisces Feb. 19-March 20**

Even if you are the kind of Pisces who tends to hold grudges you will be very forgiving today.

● SALLY BROMPTON

You have done so many favours for so many people that you have probably lost track of them all, but they have not forgotten and over the next few days others will find ways to repay you.

**➤ Virgo Aug. 24-Sept. 22**

Be careful others don't take advantage of your laidback attitude today. You'll care if it costs you money.

**➤ Libra Sept. 23-Oct. 22**

Something is confusing you and the more you try to make sense of it the less you understand.

**➤ Scorpio Oct. 24-Nov. 22**

If you don't know the answer to something then ask someone who

**NEED COOL DESIGN TIPS?**  
Read metro home every Thursday.

**Sudoku****How to play**

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Monday's answer ►

**Today**

\* \* \* 0°/-3°  
Flurries  
40%

**Wednesday**

3°/-4°  
Partly sunny

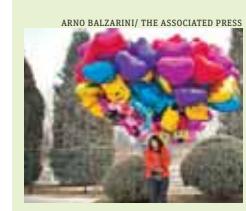
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**Caption contest**

"Eat my  
dust buddy!!"  
CHRISTINA

ARNO BALZARINI/THE ASSOCIATED PRESS

**You write it!**

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

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### 07 Mazda CX-7 Utility



- 4WD, Loaded, Lthr, Roof, Auto
- st: 31947
- km: 60637

**\$15,940**  
\$171<sup>\*\*</sup>  
Bi-weekly

### 09 BMW 323



- Loaded, A/C, Lthr, Roof, Auto
- st: 33127
- km: 51691

**\$25,850**  
\$231<sup>\*\*</sup>  
Bi-weekly

### 09 Toyota Venza



- AWD, Loaded, A/C, Auto, Roof
- st: 31787
- km: 22487

**\$25,850**  
\$231<sup>\*\*</sup>  
Bi-weekly

### 08 Wave



- Std
- st: 32863-A
- km: 42364

**\$7,750**  
\$72<sup>\*\*</sup>  
Bi-weekly

### 09 Kia Rio



- Loaded, A/C, Auto
- st: 32437
- km: 63588

**\$9,820**  
\$91<sup>\*\*</sup>  
Bi-weekly

### 08 Malibu Hybrid



- Loaded, A/C, Auto
- st: 33056
- km: 93395

**\$12,850**  
\$119<sup>\*\*</sup>  
Bi-weekly

### 08 LandRover LR2 SE



- 4x4, Loaded, A/C, Auto
- st: 32103
- km: 57516

**\$21,870**  
\$195<sup>\*\*</sup>  
Bi-weekly

### 10 VW Touareg



- 4WD, Loaded, Roof, Lthr, Auto
- st: 32759
- km: 28556

**\$36,750**  
\$290<sup>\*\*\*</sup>  
Bi-weekly

### 08 Lincoln MKZ



- AWD, Loaded, Lthr, A/C, Auto
- st: 33380
- km: 89589

**\$16,880**  
\$157<sup>\*\*</sup>  
Bi-weekly

### 07 Accent GLS



- Loaded, A/C, Auto
- st: 33392
- km: 83450

**\$6,850**  
\$74<sup>\*\*</sup>  
Bi-weekly

### 08 Honda Civic



- Loaded, A/C, Auto
- st: 33330
- km: 48697

**\$10,470**  
\$97<sup>\*\*</sup>  
Bi-weekly

### 07 Suzuki Swift



- Loaded, A/C, Auto
- st: 33291
- km: 48697

**\$7,340**  
\$79<sup>\*\*</sup>  
Bi-weekly

### 08 Benz C300



- 4matic, AWD, Loaded, Roof, Lthr
- st: 33099
- km: 79995

**\$26,840**  
\$239<sup>\*\*</sup>  
Bi-weekly

### 09 Lexus RX350



- AWD, Loaded, Lthr, Roof, Auto
- st: 32858
- km: 45574

**\$31,870**  
\$284<sup>\*\*</sup>  
Bi-weekly

### 07 Benz ML320



- Diesel, AWD, NAV, Roof, Lthr
- st: 32168
- km: 72545

**\$32,680**  
\$339<sup>\*\*</sup>  
Bi-weekly

### 08 Toyota Yaris



- Std
- st: 33274
- km: 67562

**\$7,840**  
\$73<sup>\*\*</sup>  
Bi-weekly

### 10 Honda Insight Hybrid



- Loaded, A/C, Auto
- st: 31958-A
- km: 53737

**\$18,800**  
\$155<sup>\*\*</sup>  
Bi-weekly

### 08 Hyundai Elantra GL



- Std
- st: 33047
- km: 34056

**\$8,450**  
\$78<sup>\*\*</sup>  
Bi-weekly

### 08 Lexus IS250



- AWD, Loaded, Roof, Lthr, Auto
- st: 29824
- km: 75146

**\$27,840**  
\$248<sup>\*\*</sup>  
Bi-weekly

### 07 Cadillac CTS



- Loaded, A/C, Lthr, Auto
- st: 33383
- km: 64065

**\$16,930**  
\$182<sup>\*\*</sup>  
Bi-weekly

### 08 Benz B200



- Loaded, A/C, Auto
- st: 32353
- km: 66500

**\$16,880**  
\$157<sup>\*\*</sup>  
Bi-weekly

### 07 Nissan Versa SL



- Loaded, A/C, Auto
- st: 33115
- km: 90120

**\$9,850**  
\$106<sup>\*\*</sup>  
Bi-weekly

### 07 Pontiac G5 SE



- Loaded, A/C, Auto
- st: 33309
- km: 93314

**\$5,750**  
\$62<sup>\*\*</sup>  
Bi-weekly

### 10 Suzuki SX4



- Loaded, A/C, Auto
- st: 32918
- km: 52490

**\$11,750**  
\$97<sup>\*\*\*</sup>  
Bi-weekly

## UNBEATABLE OFFERS ON ALL MAKES & MODELS

### 08 HONDA ACCORD

LOADED, A/C, AUTO • 107112km  
st:32664-A • \$13,750 • bw:\$128<sup>\*\*</sup>

### 09 FORD ESCAPE XLT 4WD

LOADED, A/C, AUTO • 87719km  
st:32729 • \$16,460 • bw:\$153<sup>\*\*</sup>

### 07 VOLKSWAGEN JETTA CITY

LOADED, A/C, AUTO • 97048km  
st:33212 • \$8,950 • bw:\$96<sup>\*\*</sup>

### 08 TRIBUTE

LOADED, A/C, AUTO • 76005km  
st:31912 • \$11,830 • bw:\$110<sup>\*\*</sup>

### 09 OUTLANDER 4WD V6

LOADED, A/C, AUTO • 92155km  
st:11401-A • \$16,890 • bw:\$157<sup>\*\*</sup>

### 07 TOYOTA RAV4 4WD

LOADED, A/C, AUTO • 94969km  
st:32215 • \$15,940 • bw:\$171<sup>\*\*</sup>

### 11 MAZDA 3

LOADED, A/C, AUTO • 28520km  
st:32871 • \$15,950 • bw:\$131<sup>\*\*</sup>

### 11 NISSAN PATHFINDER

LOADED, A/C, AUTO • 27056km  
st:32697 • \$28,970 • bw:\$228<sup>\*\*</sup>

### 08 FORD FUSION SE

LOADED, A/C, ROOF, AUTO • 70497km  
st:33130 • \$10,750 • bw:\$100<sup>\*\*</sup>

### 07 FORD F-150

LOADED, A/C, AUTO • 66106km  
st:31013 • \$17,420 • bw:\$187<sup>\*\*</sup>

### 08 TOYOTA COROLLA CE

STD • 106753km  
st:33361 • \$8,370 • bw:\$78<sup>\*\*</sup>

### 08 JEEP COMPASS SPORT

STD • 68815km  
st:32457 • \$10,650 • bw:\$99<sup>\*\*</sup>

### 08 HYUNDAI SANTA FE GLS AWD

LOADED, A/C, AUTO • 92401km  
st:33044 • \$14,950 • bw:\$136<sup>\*\*</sup>

### 07 TORRENT

LOADED, A/C, AUTO • 86920km  
st:32296 • \$11,650 • bw:\$125<sup>\*\*</sup>

### 08 JEEP LIBERTY 4WD

3.7L, LOADED, A/C, AUTO • 42002km  
st:11146-A • \$16,950 • bw:\$157<sup>\*\*</sup>

### 10 DODGE RAM 1500 4X4

SNOW PLOW, LOADED, A/C • 47099km  
st:33369 • \$23,750 • bw:\$187<sup>\*\*</sup>

### 11 TOYOTA CAMRY LE

LOADED, A/C, AUTO • 49156km  
st:33164 • \$18,550 • bw:\$153<sup>\*\*</sup>

### 11 TOYOTA SIENNA LE

LOADED, A/C • 59919km  
st:33138 • \$25,890 • bw:\$204<sup>\*\*</sup>

### 08 SAAB 9-3 2.0T

LOADED, A/C, ROOF, LTHR • 83778km  
st:31931 • \$9,970 • bw:\$107<sup>\*\*</sup>

### 08 RONDO EX

LOADED, A/C, AUTO • 80213km  
st:33322 • \$9,970 • bw:\$93<sup>\*\*</sup>

### 08 TOYOTA MATRIX

AUTO • 102852km  
st:33307 • \$9,960 • bw:\$92<sup>\*\*</sup>

### 10 EQUINOX LS AWD

LOADED, A/C • 63009km  
st:33050 • \$18,850 • bw:\$155<sup>\*\*</sup>

### 09 CRYSLER 300

LOADED, A/C, AUTO • 34260km  
st:33104 • \$17,840 • bw:\$166<sup>\*\*</sup>

### 07 DODGE CALIBRE R/T AWD

LOADED, A/C, ROOF, LTHR • 99709km  
st:33389 • \$10,800 • bw:\$116<sup>\*\*</sup>

### 08 MAZDA 5

LOADED, A/C, MAGS, AUTO • 77836km  
st:33381 • \$10,780 • bw:\$100<sup>\*\*</sup>

### 08 BUICK ALLURE CXL

LOADED, A/C, AUTO • 63376km  
st:33315 • \$11,840 • bw:\$110<sup>\*\*</sup>

### 09 PT-CRUISER

LOADED, A/C, AUTO • 63308km  
st:33211 • \$8,950 • bw:\$83<sup>\*\*</sup>

### 09 NISSAN Xterra 4WD

LOADED, A/C, AUTO • 41466km  
st:31671 • \$22,860 • bw:\$204<sup>\*\*</sup>

### 07 TRAILBLAZER 4WD

LOADED, A/C, ROOF • 79210km  
st:33199 • \$14,870 • bw:\$160<sup>\*\*</sup>

### 08 VOLVO C30

LOADED, A/C, AUTO • 77462km  
st:32561 • \$16,970 • bw:\$157<sup>\*\*</sup>

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